












































NUTRITIVE VALUE OF SERVED FOOD ITEMS

















S.No.	FOOD ITEMS*	ALLERGENS	SERVING SIZE	ENERGY [kcal]**	PROTEIN [g]	FAT [g]	SATURATED FAT [g]	TRANS FAT [g]	CARBOHYDRATE [g]	TOTAL SUGAR [g]	ADDED SUGAR [g]	TOTAL DIETARY FIBRE [g]	CALCIUM [mg]	SODIUM [mg]	IRON [mg]
	VEGETARIAN														
1	TANDOORI MUSHROOM	 	100 G	80.00	4.92	4.00	0.69	-	5.02	0.89	0.12	3.05	61.67	125.01	0.61
2	TANDOORI PANEER TIKKA	 	100 G	250.96	16.20	15.09	7.41	-	12.63	9.67	0.10	0.37	409.68	121.62	1.02
3	CHEESE PANEER TIKKA	 	100 G	264.18	16.51	15.95	7.54	-	13.67	11.31	0.12	0.23	406.39	446.89	0.81
4	CHEESE MUSHROOM	 	100 G	62.59	3.40	3.70	0.05	-	3.69	0.85	-	2.64	15.62	323.51	0.25
5	ACHARI PANEER	 	100 G	249.42	16.25	15.02	6.87	-	12.37	8.94	-	0.70	418.47	79.65	0.94
6	ACHARI MUSHROOM	 	100 G	70.65	4.53	3.94	0.09	-	3.99	0.21	-	3.10	66.10	71.88	0.49
7	RESHMI PANEER TIKKA	 	100 G	264.30	16.96	16.04	7.75	-	13.04	9.88	0.11	0.36	430.71	302.34	1.03
8	RESHMI MUSHROOM	 	100 G	77.78	4.67	4.41	0.63	-	4.60	0.59	0.11	2.88	60.25	293.98	0.54
9	KALMI PANEER TIKKA		100 G	261.79	16.96	15.63	7.57	-	13.36	9.82	0.11	0.39	431.85	284.20	1.03
10	KALMI MUSHROOM		100 G	75.27	4.67	4.01	0.46	-	4.91	0.54	0.11	2.91	61.40	275.84	0.53
11	GARLIC MUSTARD PANEER TIKKA	 	100 G	262.64	16.96	15.72	7.57	-	13.36	10.02	0.11	0.39	431.85	294.34	1.10












12	GARLIC MUSTARD MUSHROOM	 	100 G	72.67	4.46	3.91	0.44	-	4.69	0.70	0.10	2.77	58.61	272.99	0.58
13	PERIPERI PANEER	 	100 G	319.12	17.67	20.80	8.92	0.01	15.35	11.50	0.12	0.53	433.83	324.19	1.14
14	PERIPERI MUSHROOM	 	100 G	117.41	4.54	8.19	1.38	0.01	6.17	1.66	0.11	3.03	42.72	300.40	0.59
15	HOT GARLIC PANEER	 	100 G	275.80	15.05	17.79	7.95	0.01	13.91	10.72	0.11	0.43	370.66	362.77	0.79
16	HOT GARLIC MUSHROOM	 	100 G	108.04	3.79	7.52	1.26	0.01	6.11	1.98	0.11	2.80	22.57	354.91	0.41
17	THAI PANEER	 	100 G	304.43	16.21	20.06	8.96	0.01	14.84	11.26	0.10	0.61	400.26	330.98	0.92
18	THAI MUSHROOM	 	100 G	119.62	3.79	8.70	1.86	0.01	6.29	2.04	0.11	3.15	26.71	338.35	0.42
19	HONEY CHILLI PINEAPPLE	N/A	100 G	127.01	1.34	1.62	0.27	-	26.59	17.11	10.00	4.95	26.80	950.13	0.76
20	CAJUN SPICE POTATO		100 G	269.30	1.52	21.16	3.45	0.01	18.93	1.66	-	1.58	16.56	145.21	0.43
21	CRISPY CORN		100 G	283.36	2.89	18.15	0.24	-	29.27	5.04	-	2.04	12.40	416.47	0.61
22	DAL MAKHANI		100 G	143.02	7.22	8.35	3.94	0.07	9.74	2.14	0.07	0.10	45.32	314.69	0.02
23	KADHAI PANEER	 	100 G	248.80	8.43	18.36	6.53	0.00	11.77	6.17	0.08	1.47	204.74	279.87	0.40
24	VEG MAKHANWALA	 	100 G	212.15	5.07	15.36	5.29	0.00	7.86	4.13	0.08	1.04	105.99	634.08	0.15
25	SUBZ MILONI	 	100 G	220.11	3.76	15.72	4.96	0.00	8.05	2.53	0.04	0.83	97.47	508.77	0.07

























26	MINT CHUTNEY		20 G	10.88	0.58	0.64	-	-	0.72	0.02	-	-	23.84	79.92	0.03
27	CHEESE BHUTTA		100 G	132.19	3.52	4.66	-	-	17.64	1.07	-	-	-	333.63	-
28	VEG BIRYANI		100 G	162.98	3.11	5.35	1.01	0.01	22.22	0.64	-	0.93	18.00	511.14	0.34
29	BARBEQUE PINEAPPLE	N/A	100 G	81.90	0.85	1.12	0.12	-	17.08	1.87	-	3.44	26.10	429.47	2.97
30	VEGGIE FINGER	 GLUTEN	100 G	361.21	3.06	27.01	3.27	0.20	26.47	-	-	-	-	-	-
31	CHEESE TRIANGLE		100 G	455.00	8.34	32.16	6.82	0.10	33.08	2.73	-	-	-	-	-
32	DAL TADKA	N/A	100 G	161.75	8.31	5.15	2.56	-	20.54	0.50	0.07	3.89	28.58	1141.34	2.79
33	VEG KEBAB	N/A	100 G	232.63	3.15	10.88	2.06	0.04	28.46	1.88	-	-	-	722.62	-
34	ALOO BHINDI KE ZAIKE	 SOYA	100 G	181.10	3.03	10.34	1.94	-	18.85	1.30	0.04	3.67	52.17	490.21	0.60
35	PANEER TIKKA MASALA	   SOYA	100 G	252.73	8.94	18.41	7.37	0.00	11.55	6.65	0.08	1.25	195.40	320.13	0.34
36	ALOO GOBHI KA TUK	  SOYA	100 G	191.17	2.98	14.64	3.51	0.00	11.70	1.54	-	2.30	46.73	207.19	0.64
37	HONEY CHILLI RAW BANANA	N/A	100 G	298.22	1.73	13.64	0.11	-	42.45	5.63	-	2.06	23.45	431.04	0.54
38	VEGETABLE ACHARI	  SOYA	100 G	193.14	3.91	13.90	4.77	0.01	7.36	3.29	0.06	1.95	86.77	219.11	0.31
39	MASALA PULAO	 GLUTEN	100 G	192.90	3.62	8.62	0.29	-	23.94	0.29	0.02	1.72	13.67	26.21	0.95

40	STIR FRIED CHINESE GREEN	N/A	100 G	82.65	1.43	4.77	0.70	-	4.83	0.87	-	0.54	48.50	633.31	2.98
41	NAVRATAN KEBAB	 	100 G	257.04	4.32	15.55	3.27	-	24.91	4.28	1.88	0.94	70.38	5.17	0.62
42	PANEER TIKKA LAZAWAB	 	100 G	251.65	16.24	15.10	7.41	-	12.78	9.40	0.10	0.43	413.37	122.35	1.05
43	ALOO BHAJI	N/A	100 G	83.60	1.66	0.25	0.01	-	18.77	0.08	-	2.21	25.31	10.48	0.72
44	DOUBLE KE MUSHROOM	  	100 G	189.94	6.83	14.42	1.72	-	8.40	0.32	0.04	2.09	142.16	72.70	0.83
45	MUSHROOM SATAY		100 G	170.61	5.04	12.96	0.30	-	7.60	0.59	-	0.73	13.02	12.92	1.69
46	PANEER SINGORI TIKKA	 	100 G	293.78	18.92	17.72	8.58	-	14.75	10.89	0.12	0.43	477.33	140.74	1.23
47	MUSHROOM BABYCORN MATAR MASALA		100 G	163.97	4.81	10.66	3.36	0.00	11.02	2.57	0.10	3.40	68.71	291.88	0.89
48	ALOO METHI TAMATAR	 	100 G	199.54	2.06	13.68	3.19	0.00	15.99	0.83	0.03	1.52	41.63	404.70	0.36
49	PANEER DO PYAZA		100 G	258.39	9.18	17.94	7.77	0.00	12.67	5.91	0.06	1.52	234.81	360.23	0.59
50	ALOO CAPSICUM DRY	 	100 G	191.00	2.59	13.14	3.17	0.00	15.44	1.63	0.03	1.79	38.22	210.52	0.41
51	CHOLIYA TIKKI	N/A	100 G	342.79	5.69	21.61	3.42	-	32.21	0.18	-	8.65	74.24	135.56	1.80
52	CORN KOFTA CURRY	 	100 G	295.54	6.81	21.77	7.48	0.01	13.30	4.49	0.03	1.51	170.75	223.82	0.27
53	GARLIC FRIED NOODLE	 	100 G	214.46	4.84	7.37	1.24	-	32.41	2.42	-	1.46	14.93	574.15	0.70










54	PANEER AJWAINI TIKKA	 	100 G	278.54	17.81	16.60	8.16	-	14.45	10.34	0.12	0.89	458.61	133.71	1.29
55	HARE MATAR KI TIKKI	N/A	100 G	234.73	4.57	12.48	2.28	0.03	26.52	1.44	-	2.56	6.75	555.05	0.49
56	EXOTIC VEG IN BASIL SAUCE	N/A	100 G	90.79	1.43	5.17	0.76	-	4.75	0.93	0.11	0.40	52.82	734.87	3.20
57	PANEER MIRCH KA SALAN	  	100 G	282.02	8.60	21.24	7.31	0.00	11.03	5.16	0.08	1.30	195.43	225.42	0.36
58	VEGETABLE GULBAHAR	  	100 G	155.58	3.75	9.96	3.42	0.00	5.98	2.82	0.08	1.09	93.91	248.25	0.32
59	VEG KHADA MASALA	  	100 G	175.11	3.45	12.22	3.13	0.00	6.48	2.69	0.08	2.66	79.95	310.56	0.24
60	MALAI KOFTA	 	100 G	294.48	7.12	22.66	6.78	0.00	15.73	5.05	-	0.88	183.75	86.50	0.55
61	MIRCH BAIGAN KA SALAN	 	100 G	76.15	1.06	6.65	1.17	-	3.32	0.74	0.03	2.65	7.91	28.18	0.23
62	DINGREE MATAR	 	100 G	207.83	4.56	14.63	4.31	0.00	10.36	1.63	0.03	2.22	74.47	172.06	0.78
63	VEG BALL IN SCHEZWAN		100 G	144.06	1.19	10.85	1.78	0.02	8.05	1.55	0.48	0.98	10.85	215.58	0.42
64	VEG BALL MANCHURIAN		100 G	101.42	1.00	6.47	1.16	0.00	8.29	1.64	0.61	0.80	8.14	286.53	0.29
65	GARLIC MAYONNAISE		100 G	246.92	1.44	22.49	3.50	0.03	9.49	5.83	-	0.61	2.36	1.11	0.12
66	PANEER KHADA MASALA	 	100 G	267.40	16.93	15.55	7.41	-	14.64	9.43	0.10	0.50	412.54	124.21	1.06
67	ACHARI ALOO	 	100 G	147.81	3.21	3.97	0.03	-	24.92	-	-	2.12	62.36	82.94	0.67








68	PANEER NASHAMAN TIKKA	 	100 G	269.97	16.29	16.56	8.70	0.01	13.97	10.55	0.10	0.51	412.38	291.87	1.02
69	PANEER POSHIDA	 	100 G	254.59	15.32	16.13	6.67	-	12.06	8.32	-	1.07	397.77	156.07	1.77
70	SHABNAM KE MOTI	 	100 G	103.92	4.11	5.76	1.86	0.01	7.71	1.61	0.10	0.51	49.20	277.93	1.48
71	PANEER GOLMIRCH	 	100 G	271.75	16.38	16.59	8.71	0.01	14.26	10.55	0.10	0.76	416.63	292.55	1.11
72	MALAI BROCCOLI		100 G	103.46	5.31	5.25	0.30	0.00	8.67	1.09	0.05	0.04	533.94	257.58	34.01
73	TOMATO SALSA	N/A	100 G	73.81	1.79	0.24	0.00	-	16.42	7.27	-	2.78	58.24	212.54	0.87
74	CURD RICE		100 G	142.66	2.87	6.37	1.81	0.01	18.28	1.31	-	1.14	66.21	324.79	0.32
75	CHILLI GARLIC POTATO		100 G	122.33	1.78	3.59	0.06	-	20.85	1.19	0.10	1.52	10.53	534.92	0.42
76	PLAIN RICE	N/A	100 G	133.57	2.78	1.18	0.24	-	27.38	0.24	-	0.98	2.62	0.82	0.23
77	VEG SHAMMI KEBAB	N/A	100 G	391.00	4.29	24.00	4.30	0.05	38.01	2.45	-	0.29	8.34	941.16	0.11
78	PANEER BUTTER MASALA	 	100 G	297.00	11.46	22.00	10.46	0.01	12.46	8.89	0.12	1.00	244.24	331.03	0.36
79	INDO ASIAN 5 TREASURE SOUP	N/A	100 G	40.47	0.29	2.36	0.29	-	3.53	0.25	0.08	0.12	1.63	357.83	0.03
80	BUTTER TOSSED HAKKA NOODLES	 	100 G	219.00	5.65	5.00	2.44	-	37.23	1.40	0.20	0.68	8.14	146.28	0.34
81	VEGETABLE RAITA		100 G	57.36	2.70	3.09	-	-	4.73	-	-	1.24	132.47	875.29	0.49















82	DAHI KE SHOLEY		100 G	239.11	4.96	18.33	2.29	-	14.17	0.06	-	0.45	160.14	32.78	1.34
83	DUM ALOO KASHMIRI		100 G	240.72	3.96	18.01	5.41	0.00	13.20	2.93	0.08	2.12	77.68	303.95	0.38
84	SCHEZWAN PANEER TIKKA		100 G	300.33	17.96	18.88	8.22	0.02	14.79	11.18	0.44	0.47	444.91	265.40	1.18
85	ALOO MINT KEBAB	N/A	100 G	219.70	3.66	7.86	1.49	0.03	33.91	1.69	-	0.98	14.52	652.52	0.60
86	CHILLI GARLIC MUSHROOM		100 G	94.30	3.46	6.07	0.36	0.00	6.21	1.46	-	3.16	23.39	359.26	0.59
87	SHAHI PANEER		100 G	266.14	8.26	19.78	7.52	0.00	11.05	5.40	0.05	1.02	208.93	260.99	0.33
88	BHINDI DO PAYAZA		100 G	160.68	2.70	11.93	4.46	-	8.32	0.81	0.03	2.54	80.28	216.73	0.28
89	SCHEZWAN VEG NOODLES		100 G	189.75	4.36	6.97	1.15	0.01	27.58	0.86	0.14	1.03	8.44	65.57	0.47
90	EXOTIC VEG IN HOT GARLIC SAUCE		100 G	77.70	1.14	4.45	0.65	-	4.05	0.76	0.05	0.36	44.93	636.49	2.80
91	ITALIAN JALAPENO CHEESE STUFF MUSHROOMS		100 G	112.65	5.48	7.05	0.48	0.00	5.93	0.82	-	0.46	114.69	197.19	1.26
92	MATAR PANEER		100 G	246.90	8.64	17.33	5.58	0.00	12.37	5.93	0.07	1.96	175.13	329.24	0.41
93	HARA KEBAB	N/A	100 G	210.46	5.40	8.90	1.31	0.03	27.42	1.48	-	3.05	55.33	606.73	1.18
94	ASSORTED VEG IN BASIL SAUCE	N/A	100 G	170.44	4.54	11.43	1.98	-	13.47	2.63	0.09	6.64	266.11	143.79	13.57
95	KADHAI VEG		100 G	122.00	2.66	7.00	3.49	0.00	4.57	3.00	0.08	0.99	44.24	234.43	0.21

















96	KUTI MIRCH KA PANEER TIKKA	 	100 G	255.57	16.53	15.11	7.64	-	13.38	9.49	0.10	0.94	416.38	125.07	1.12
97	CHEESE BROCCOLI		100 G	105.23	6.17	4.65	-	-	9.61	0.76	-	-	626.00	316.95	40.00
98	PANEER MAKHANWALA	 	100 G	278.02	11.20	20.18	8.53	0.00	11.69	7.98	0.08	0.80	254.91	251.03	0.36
99	METHI MATAR MALAI	 	100 G	242.28	5.63	16.51	5.29	0.00	13.75	1.88	0.04	4.29	87.29	566.84	0.60
100	TANDOORI SOYA CHAAP	   	100 G	233.68	13.19	3.91	0.78	-	11.83	0.46	0.10	0.37	46.75	110.77	0.31
101	PUNJABI CHHOLE	N/A	100 G	101.28	3.72	4.79	1.33	-	10.82	0.69	-	0.03	1.42	0.45	0.01
102	PLAIN CURD		100 G	60.00	3.10	4.00	-	-	3.00	-	-	-	149.00	32.00	0.20
103	NAAN	 	80 G	225.73	6.04	4.42	0.67	-	40.57	-	-	-	12.63	157.10	1.48
104	TANDOORI ROTI	 	60 G	179.64	5.24	4.35	0.62	-	30.07	-	-	-	20.79	288.51	2.12
105	LACHHA PARANTHA	 	80 G	240.00	6.99	6.00	0.82	-	40.90	-	-	-	27.73	384.67	2.83
106	MINT SCENTED GRILLED FARM VEGGIES	 	100 G	110.36	3.83	5.00	0.92	-	11.63	0.56	-	1.18	48.46	136.74	0.45
107	HONEY CHILLI POTATO	N/A	100 G	180.00	1.61	9.00	1.47	-	23.87	1.62	0.04	1.45	9.33	379.86	0.43
108	AFGHANI SOYA CHAAP	  	100 G	267.00	11.55	8.00	1.97	0.01	13.81	2.71	0.04	0.67	14.59	784.56	0.19
109	DAL E DUM		100 G	162.00	7.71	10.00	4.22	0.08	10.37	2.27	0.07	0.03	50.45	337.54	0.01













110	GOBHI MANCHURIAN GRAVY		100 G	131.00	1.77	9.00	1.57	-	11.68	2.01	0.82	1.81	16.75	743.70	0.66
111	ASSORTED GRILLED VEG WITH CORN		100 G	111.00	3.93	3.00	0.51	-	16.50	0.91	0.12	0.78	29.46	274.47	0.26
112	KASHMIRI TADKA ALOO		100 G	224.30	4.09	16.89	5.19	0.00	12.37	3.24	0.07	1.99	72.82	293.70	0.36
113	PASTA IN LEMON BUTTER SAUCE		100 G	139.88	4.15	6.53	2.71	0.02	15.94	1.74	0.24	1.08	97.53	121.53	2.40
114	COCKTAIL DRESSING		100 G	292.54	1.22	24.89	3.18	0.03	15.83	13.32	-	0.88	2.83	701.44	0.16
115	THOUSAND ISLAND		100 G	292.59	1.51	24.33	3.10	0.03	16.81	13.45	-	0.63	2.35	574.80	0.11
116	MUSTARD DRESSING		100 G	177.27	1.15	16.27	2.48	0.02	6.63	3.48	-	0.55	9.08	1106.37	0.21
117	EXOTIC HERBS GRILL VEG	N/A	100 G	121.98	2.92	6.73	0.89	-	11.77	1.56	0.05	0.81	6.76	1188.41	0.19
118	PALAK KOFTA GRAVY		100 G	187.78	6.19	14.19	8.01	0.01	8.83	4.21	0.06	1.72	166.13	102.17	1.03
119	MANGO SALSA	N/A	100 G	64.20	1.38	0.23	0.00	-	14.24	7.29	5.68	1.69	42.94	247.43	0.85
120	MANGO CHILLI DIP	N/A	20 G	25.99	0.28	0.06	0.00	-	6.10	4.56	4.54	0.13	0.89	62.35	0.08
121	CHILLI MANGO PINEAPPLE	N/A	100 G	116.60	1.00	0.45	0.03	-	27.39	14.56	14.44	3.10	31.02	848.02	2.44
122	AMBI DAL TADKA	N/A	100 G	150.34	6.81	4.82	1.57	-	19.25	0.88	-	3.23	25.26	312.47	1.28
123	AMBI VEG		100 G	239.62	0.84	21.54	4.79	-	4.74	0.59	-	1.15	7.26	618.75	0.44













124	SPICY MANGO CHILLI	N/A	100 G	50.69	0.83	0.17	0.00	-	11.48	0.02	-	3.42	12.12	434.96	0.57
125	KAPPA CURRY	N/A	100 G	192.67	1.03	8.35	0.86	-	28.52	0.04	-	0.36	60.07	78.00	1.13
126	CHURRASCO PINEAPPLE	N/A	100 G	142.59	2.20	4.76	0.80	-	22.63	5.66	5.00	6.57	35.64	1193.00	2.77
127	PANIYARAM	 GLUTEN	100 G	206.36	6.39	6.91	1.54	-	30.00	-	-	0.92	18.83	675.30	0.37
128	COCONUT CHUTNEY	N/A	20 G	61.53	1.41	4.60	0.14	-	3.67	-	-	1.20	6.02	258.39	0.64
129	DOSA	N/A	1 DOSA (80 G)	185.00	4.40	9.00	1.93	-	21.25	-	-	-	-	544.14	-
130	BEETROOT KEBAB	 NUTS	100 G	229.94	3.31	15.81	1.80	-	16.87	0.08	-	2.70	39.06	509.79	1.89
131	RAGDA	N/A	100 G	180.15	9.08	4.25	0.55	-	26.41	0.14	-	2.78	73.14	594.47	4.12
132	PATTIES	N/A	100 G	126.76	2.07	1.46	0.17	-	26.55	-	-	2.50	33.70	595.79	1.47
133	SPIDER ROLL	 GLUTEN	100 G	244.23	3.28	11.71	2.12	0.03	28.76	1.23	-	0.36	4.73	892.38	0.10
134	VEG SEEKH KEBAB	 	100 G	183.87	6.18	6.80	0.64	-	16.01	1.41	0.33	0.31	50.13	389.16	0.72
135	PIZZA(Toppings as per guest demand))	 GLUTEN 	100 G	252.36	8.75	9.31	0.19	-	33.32	3.03	1.38	0.52	147.09	553.48	1.40
136	MOONG DAL PAKODA	N/A	100 G	445.56	17.73	22.39	3.68	-	44.22	-	0.20	6.06	57.34	47.44	2.87
137	LAUKI KOFTA CURRY	 	100 G	296.62	3.03	21.91	3.63	0.00	22.46	1.40	0.86	2.67	54.37	526.85	1.62

























138	PARWAL MASALA	 	100 G	155.92	3.22	12.33	2.24	0.00	8.22	1.68	0.80	1.02	55.03	687.73	2.03
139	GOBINDO BHOG KHICHADI	N/A	100 G	99.12	3.35	2.75	0.16	-	15.18	0.69	0.63	1.87	14.96	170.21	0.73
140	TOMATO KHAJUR CHUTNEY	N/A	20 G	25.10	0.30	0.69	0.02	-	4.42	0.00	-	0.24	8.72	6.47	0.17
141	LAUKI KHEER	 	100 G	106.93	3.10	3.95	0.04	0.07	14.91	8.49	7.41	0.74	109.20	3.33	0.42
142	CHILLI GOBHI SIZZLER	 	100 G	289.38	3.03	20.97	0.08	0.01	22.11	1.94	0.82	2.89	29.92	518.59	1.30
143	LUCHI		100 G	364.60	7.59	14.41	2.36	-	51.66	-	0.69	-	15.86	407.37	1.86
144	BEGUN BHAJA	N/A	100 G	63.01	1.95	3.03	0.43	-	7.17	-	-	8.50	27.19	391.33	2.59
145	ALOO MATAR PANEER	 	100 G	211.61	11.41	3.72	1.62	-	33.14	2.60	0.84	0.58	86.69	476.53	3.18
146	MIX VEG SIZZLER	N/A	100 G	123.51	3.55	8.81	6.95	-	7.50	0.06	-	2.06	272.63	205.53	16.61
147	RAJMA MASALA	N/A	100 G	99.62	3.97	4.34	0.83	0.08	11.32	1.79	0.08	0.02	0.94	328.02	0.04
148	BARBEQUE VEG DUM BIRYANI	 	100 G	171.83	3.25	8.31	1.83	0.02	18.27	2.43	0.01	1.08	39.81	558.07	0.36
149	PANEER DUM BIRYANI	 	100 G	213.80	6.32	11.41	3.26	0.02	21.43	4.31	0.02	1.16	114.36	582.04	0.56
150	MUSHROOM DUM BIRYANI	 	100 G	163.93	3.52	8.14	1.62	0.02	19.05	2.17	-	1.77	27.03	556.62	0.40
151	PANEER DUM BIRYANI OVERLOADED	 	100 G	240.11	8.22	13.54	4.24	0.02	21.31	5.58	0.04	1.12	165.88	615.29	0.68


















152	MUSHROOM DUM BIRYANI OVERLOADED		100 G	142.49	3.46	7.47	1.49	0.02	15.24	2.00	-	1.87	26.62	509.43	0.38
153	FLAVOURED RICE		100 G	108.37	1.98	1.60	0.24	-	21.53	0.06	-	0.49	7.88	134.71	0.66
154	SALAN		100 G	299.00	4.99	24.00	5.61	-	10.60	2.92	0.14	1.82	81.19	347.41	0.15
155	BUTTER NAAN		80 G	245.59	5.70	7.77	3.72	-	38.32	-	-	-	11.93	205.79	1.40
156	FRIED RICE		100 G	157.76	2.47	4.63	0.66	0.09	26.48	0.29	-	0.74	14.65	177.14	0.88
157	HOT AND SOUR SOUP		100 G	46.71	0.22	3.19	0.43	-	3.34	0.25	0.08	-	-	357.83	-
158	TOMATO SOUP		100 G	68.69	0.28	4.92	2.34	0.00	5.91	0.98	0.08	-	0.20	413.97	-
159	MINISTRONE SOUP		100 G	56.33	0.26	3.27	0.99	0.00	5.52	0.80	0.07	-	0.15	397.00	-
160	TOMATO DHANIYA SHORBA		100 G	54.33	0.75	2.64	0.40	-	6.96	0.23	0.07	0.66	28.46	389.58	0.23
161	MANCHOW SOUP		100 G	61.32	0.67	3.20	0.43	-	6.54	0.25	0.08	-	-	357.83	-
162	CAJUN SAUCE/DIPS		20 G	54.08	0.22	4.94	0.71	0.01	2.18	1.46	-	-	-	120.52	-
163	VEG MOMOS		100 G	156.00	2.60	3.60	-	0.01	29.00	-	-	-	-	-	-
164	MAKAI MALAI SEEKH KEBAB		100 G	217.56	9.14	5.72	2.59	-	34.60	6.61	-	2.86	159.21	552.01	1.76
165	SABUDANA VADA		100 G	249.43	3.58	10.28	1.01	-	35.97	1.97	1.97	2.49	43.76	390.48	1.16



















166	SABUDANA KHICHADI		100 G	229.08	2.87	9.83	-	-	32.33	1.18	1.18	2.52	41.91	4.85	1.21
167	WATER CHESTNUT AND MUSHROOM STIR FRY		100 G	139.71	4.07	4.03	0.67	-	21.63	5.29	3.53	4.18	52.20	742.68	1.73
168	METHI PAPAD KI SUBJI	N/A	100 G	115.00	6.53	4.00	0.53	-	13.14	0.34	-	5.40	354.95	666.03	3.11
169	SABZ E BAHAR		100 G	109.90	4.08	3.54	0.43	-	14.31	0.76	0.10	0.65	40.78	228.72	0.35
170	CORN COB WITH GRILL VEG		100 G	109.90	4.08	3.54	0.43	-	14.31	0.76	0.10	0.65	40.78	228.72	0.35
171	DAHI KEBAB		100 G	249.75	8.60	17.25	5.77	-	15.42	2.52	-	0.25	301.48	71.86	0.42
172	BEETROOT CUTLET		100 G	229.94	3.31	15.81	1.80	-	16.87	0.08	-	2.70	39.06	509.79	1.89
173	GOBHI MANCHURIAN		100 G	107.57	1.46	7.31	1.29	0.00	9.62	1.66	0.68	1.49	13.79	338.88	0.54
174	ALOO GOBHI TAMATAR	 	100 G	202.42	3.16	15.50	3.71	0.00	12.39	1.63	-	2.43	49.48	219.38	0.68
175	PANEER SUBJ DUM BIRYANI	 	100 G	213.80	6.32	11.41	3.26	0.02	21.43	4.31	0.02	1.16	114.36	582.04	0.56
176	MALAI KOFTA CURRY	 	100 G	294.48	7.12	22.66	6.78	0.00	15.73	5.05	-	0.88	183.75	86.50	0.55
177	GREEN CHUTNEY		20 G	10.88	0.58	0.64	-	-	0.72	0.02	-	-	23.84	79.92	0.03
178	CAJUN MUSHROOM TIKKA		100 G	91.00	3.84	6.00	0.80	0.01	6.02	2.27	0.12	3.49	20.70	302.26	0.43
179	FIVE SPICE POTATO CHIPS		30 G	66.00	1.21	2.00	0.27	-	11.64	-	-	0.61	6.51	178.19	0.29











180	SPICED SMOKY PANEER TIKKA GRUB & SUB		1 SUB (400 G)	946.83	31.57	52.16	26.47	0.02	88.40	23.79	3.33	2.88	570.95	894.67	4.03
181	ACHARI PANEER TIKKA GRUB & SUB		1 SUB (400 G)	943.14	31.41	51.89	26.34	0.09	88.16	23.61	3.31	2.86	566.70	888.01	4.00
182	GRILLED MALAI CHAAP GRUB & SUB		1 SUB (400 G)	920.02	27.36	37.78	17.84	0.10	86.25	12.81	3.33	2.62	91.58	938.09	2.94
183	RASAM		100 G	40.68	1.56	1.84	0.25	-	4.43	0.27	-	1.27	23.68	530.82	0.96
184	BEETROOT PORIYAL	N/A	100 G	236.27	4.09	17.05	1.03	-	16.78	0.15	-	8.13	46.66	1224.55	2.97
185	CHILLI GARLIC NOODLES		100 G	214.00	4.84	7.00	1.24	-	32.41	2.42	-	1.46	14.93	574.15	0.70
186	VEG KEEMA DOSA	N/A	1 DOSA (140 G)	256.00	6.00	12.00	2.33	-	29.41	0.44	0.06	1.29	19.39	955.97	1.00
187	KOLHAPURI VEG		100 G	183.00	3.37	14.00	5.18	-	8.52	1.98	0.51	1.18	96.50	398.19	0.85
188	TANDOORI CHAAP		100 G	237.39	12.79	4.49	1.47	0.01	11.03	0.12	-	0.24	32.98	4.48	0.23
189	MALAI CHAAP		100 G	267.00	12.55	7.33	0.91	0.01	12.22	1.12	-	0.22	3.73	423.01	0.09
190	CHILLI CHAAP		100 G	236.88	13.01	2.04	0.29	0.00	14.61	0.46	0.13	0.54	4.90	61.15	0.47
191	CHAAP TAKATAK		100 G	228.12	12.89	2.70	0.38	-	11.02	0.31	-	0.20	1.00	300.55	0.12
192	CHILLI GARLIC CHAAP		100 G	265.17	13.01	6.84	1.04	-	11.00	0.40	-	-	-	442.74	-
193	MALAI CHAAP TAKATAK		100 G	276.40	13.43	6.54	0.66	0.00	14.64	2.54	-	1.15	1.60	308.29	0.07


194	CHILLI PANEER DRY		100 G	260.18	10.83	18.09	6.50	-	13.80	7.69	0.04	0.52	266.74	462.18	0.99
195	TAWA VEG		100 G	233.00	3.94	17.00	4.73	-	12.43	3.00	-	2.65	59.80	329.45	0.40
196	PASTA IN TOMATO SAUCE		100 G	177.50	4.10	8.07	4.67	0.01	21.82	3.87	-	0.91	42.26	737.25	0.77
197	PASTA WITH CHEESE SAUCE		100 G	201.72	5.65	9.67	6.04	0.02	22.74	2.97	0.15	1.19	82.06	510.17	0.94
198	HAKKA NOODLES		100 G	205.92	4.22	8.00	1.37	0.00	29.13	1.99	0.00	1.15	12.68	714.98	0.71
199	PAO BHAJI		160 G	311.00	5.49	10.00	3.29	-	42.38	2.91	0.07	2.33	8.39	995.18	0.12
200	CHAAP TAKATAK WITH GRAVY		100 G	201.98	9.15	6.36	1.75	0.00	10.35	2.40	0.06	1.24	12.69	657.51	0.20
201	TANDOORI ALOO		100 G	133.05	2.81	5.00	0.73	-	20.41	0.72	0.10	1.68	47.15	116.18	0.70
202	KADHI		100 G	91.80	2.41	6.00	0.78	-	6.87	0.01	0.00	1.72	44.81	296.09	0.70
203	GARLIC CHUTNEY RECIPE	N/A	20 G	28.57	0.54	1.19	0.20	-	4.01	3.01	0.93	0.04	-	379.48	-
204	BBQ PANEER TIKKA KULCHA		250 G	623.09	20.24	35.94	14.34	0.02	55.02	11.10	2.37	1.55	401.77	487.83	2.43
205	ALOO GOBHI KE LACHHE	N/A	100 G	181.37	2.22	12.20	2.02	-	16.07	0.76	0.02	3.11	20.40	503.09	0.83
206	HARE CHHOLE MASALA		100 G	203.83	6.08	13.78	4.93	0.00	12.59	3.25	-	3.67	75.47	374.57	0.56
207	LAL MIRCH KA PANEER TIKKA		100 G	267.49	17.27	15.79	8.15	-	14.08	10.00	0.11	1.06	435.90	131.20	1.18




208	CHILLI GARLIC PINEAPPLE	N/A	100 G	101.10	1.46	5.63	0.97	-	10.81	7.23	0.04	3.44	24.29	105.83	0.51
209	PUDINA MUSHROOM TIKKA	 	100 G	103.92	4.11	5.76	1.86	0.01	7.71	1.61	0.10	0.51	49.20	277.93	1.48
210	PANEER ANGAR TIKKA	 	100 G	267.49	17.27	15.79	8.15	-	14.08	10.00	0.11	1.06	435.90	131.20	1.18
211	GARLIC CHUTNEY	N/A	20 G	28.57	0.54	1.19	0.20	-	4.01	3.01	0.93	0.04	-	379.48	-
212	MATAR KA KOFTA	 	100 G	256.29	6.12	18.78	6.70	0.00	11.41	3.58	0.02	1.66	152.05	939.35	0.30
213	GAJAR DHANIYA KA SHORBA	 GLUTEN	100 ML	27.00	0.35	0.42	0.03	-	5.45	0.06	0.01	0.43	9.08	801.09	0.11
214	ALOO CHHOLE KA JHOL	 	100 G	82.23	1.12	4.50	0.74	0.01	9.36	0.74	0.26	0.80	10.47	612.70	0.24
215	ARBI MASALEDAR	 	100 G	130.08	2.93	5.16	0.80	0.01	18.04	0.89	0.26	0.63	38.69	343.52	0.46
216	ALOO GULAT	 	100 G	194.08	2.46	14.14	3.63	0.04	14.35	2.69	1.02	1.04	15.34	509.90	0.30
217	KASHMIRI KOFTA	   GLUTEN	100 G	114.21	2.76	8.03	3.21	0.00	7.78	1.46	-	1.10	88.82	153.73	0.43
218	MAKHMALI KOFTA	   GLUTEN	100 G	341.26	7.90	22.03	2.19	0.00	27.59	8.45	0.41	4.12	150.67	948.01	0.33
219	SOFIYANI KOFTA	   GLUTEN	100 G	195.67	5.06	13.43	3.21	0.03	13.75	3.79	1.02	0.59	101.51	270.31	0.31
220	PESTO MUSHROOM	 	100 G	128.72	7.61	9.03	0.48	-	4.33	0.22	-	2.61	160.86	121.88	1.37
221	LEBANESE GRILL VEG	N/A	100 G	79.93	2.17	4.24	0.63	-	7.91	0.68	-	3.45	33.87	527.79	1.12











222	BABY POTATO WITH LEMON OLIVE		100 G	129.68	2.73	3.53	0.61	-	21.78	0.37	-	2.58	19.75	237.79	0.56
223	MARWADI PANEER TIKKA	  	100 G	259.96	16.28	16.16	10.21	0.01	12.38	10.24	0.01	0.23	414.94	306.82	0.96
224	PEANUT SEEKH KEBAB	  	100 G	287.50	11.54	14.09	2.64	-	28.34	3.50	-	2.81	172.55	692.81	1.07
225	GULNAR KE KEBAB	N/A	100 G	156.29	3.58	4.18	0.40	-	27.23	6.04	-	5.36	153.62	554.07	1.73
226	PUNJABI PANEER TIKKA		100 G	273.65	17.34	15.98	7.32	-	14.84	9.65	-	2.53	433.64	571.42	1.36
227	CORN SEEKH KEBAB		100 G	158.88	7.94	4.79	2.31	-	22.03	5.03	-	2.86	139.54	368.72	1.18
228	SESAME POTATO		100 G	177.00	4.88	7.00	1.20	-	25.29	0.68	0.11	3.57	17.31	478.21	0.87
229	TANDOORI CHHARRA ALOO	 	100 G	125.52	3.16	2.56	0.29	-	22.58	0.05	-	2.17	45.16	223.18	0.98
230	COASTAL BBQ POTATO	N/A	100 G	152.89	3.29	3.90	2.63	-	26.13	0.83	0.07	6.01	36.58	557.75	4.43
231	DHANIYARI KHUMBH	 	100 G	77.21	4.91	4.28	0.31	0.00	4.42	0.50	0.02	3.38	74.39	131.01	0.64
232	CARAMELIZED MUSHROOM	N/A	100 G	97.13	2.81	3.07	0.06	-	20.16	14.85	14.57	2.59	14.85	344.55	0.38
233	CURRY PATTI KALAN MUSHRO	 	100 G	76.98	4.77	4.18	0.84	-	4.87	0.26	0.01	3.85	65.93	263.36	0.59
234	KAI CURRY PARTAL	N/A	100 G	117.25	1.21	9.37	4.48	-	3.83	0.04	-	2.71	21.58	391.40	0.46
235	VENDAKKAI THAI CURRY		100 G	155.83	2.95	12.84	1.43	-	7.48	0.03	-	2.66	101.64	503.38	0.80




236	PUMPKIN KUZHAMBU		100 G	98.84	1.18	6.27	1.03	-	9.46	1.01	-	2.38	45.21	483.57	0.94
237	RAWA KESARI	  SULPHITES	100 G	208.00	2.12	7.58	0.00	-	33.13	14.16	11.11	0.29	7.65	0.27	0.95
238	PARAPU VADAI	 GLUTEN	20 G	41.60	0.42	1.52	0.00	-	6.63	2.83	-	0.06	1.53	0.05	0.19
239	PURAN POLI	 GLUTEN	80 G	392.71	8.92	14.33	-	-	57.00	-	-	4.18	30.21	107.17	2.61
240	HING MATAR KEBAB	N/A	50 G	234.73	4.57	12.48	2.28	0.03	26.52	1.44	-	2.56	6.75	555.05	0.49
241	PUDINA ANANAS KE TIKKA	N/A	100 G	152.91	1.50	2.21	0.41	-	31.44	10.94	10.00	6.13	27.29	326.33	1.26
242	CHAWRI BAZAR KE CHHOLE KULCHE	 GLUTEN	170 G	301.46	9.26	8.75	1.53	0.07	46.64	2.29	2.08	0.16	45.30	776.32	1.18
243	MULI AKHROT KI CHUTNEY	   SOYA	20 G	23.27	0.55	1.74	0.66	0.00	1.35	0.64	-	0.03	19.98	42.62	0.08
244	MANGO MINT	N/A	20 G	21.32	0.29	0.03	-	-	4.99	-	4.11	0.11	3.62	35.09	0.28
245	LAHSUN TOMATO KI CHUTNEY	N/A	20 G	28.57	0.54	1.19	0.20	-	4.01	2.08	0.93	0.04	-	379.48	-
246	SUBZ NIZAMI KA MELA	  NUTS	100 G	220.11	3.76	15.72	4.96	0.00	8.05	2.50	0.04	0.83	97.47	508.77	0.07
247	NAWABI KOFTA	   GLUTEN	100 G	341.26	7.90	22.03	2.19	0.00	27.59	8.04	0.41	4.12	150.67	948.01	0.33
248	DEHLVI ALOO GOBHI ADRAKI	   GLUTEN	100 G	181.77	2.16	12.52	2.07	-	15.61	0.64	0.08	2.56	25.88	751.57	0.80
249	GREEN GARLIC KUMBH		100 G	53.33	3.85	2.10	0.57	-	4.52	0.55	0.06	3.00	42.62	223.66	0.43

250	TAMARIND CHUTNEY	N/A	20 G	20.29	0.11	0.06	-	-	4.77	4.43	-	0.20	5.06	100.00	-
251	VADA PAO	 GLUTEN	170 G	429.82	10.05	14.82	2.94	-	64.44	3.71	-	5.13	71.31	795.46	1.16
252	KAKKAD DE CHAAP	 GLUTEN SOYA	100 G	237.39	12.79	4.49	1.47	0.01	11.03	0.12	-	0.24	32.98	4.48	0.23
253	DHANIYARI PANEER TIKKA	 SOYA	100 G	234.34	16.10	13.47	7.20	-	12.18	9.30	-	0.92	411.42	194.22	1.24
254	PUNJABI CHICKEN SEEKH	 GLUTEN SOYA	100 G	209.50	14.90	13.16	6.85	-	7.08	0.38	-	0.49	10.90	189.78	0.18
255	NANDRU KE KEBAB	 MEATS	100 G	234.05	7.13	10.49	0.88	-	27.96	0.20	-	4.03	47.73	480.29	2.56
256	KOFTA WITH KORMA GRAVY	 MEATS	100 G	248.38	4.02	17.43	2.85	-	12.46	3.80	1.20	1.04	94.91	469.97	1.88
257	NILGIRI MIX VEG	 GLUTEN SOYA	100 G	163.41	3.17	10.40	2.70	0.01	7.82	1.07	-	2.50	118.37	483.36	2.65
258	PANI PURI KABAB	 MEATS	40 G	116.00	1.25	7.00	1.29	-	13.05	1.04	0.60	0.44	14.35	118.39	0.33
259	MIRCHI BHAIJIYA	N/A	100 G	225.44	3.74	17.69	2.99	-	12.93	0.60	-	3.37	13.65	228.74	0.82
260	BANANA BHAIJIYA	N/A	100 G	255.91	2.90	17.41	2.97	-	24.36	8.15	-	1.93	4.68	227.74	0.02
261	ONION RING BHAIJIYA	N/A	100 G	230.58	2.97	17.28	2.90	-	16.43	0.15	-	1.86	32.62	229.74	0.42
262	CHINESE BHEL	 GLUTEN	100 G	284.45	4.37	15.55	4.05	-	32.43	3.57	-	0.90	19.83	225.92	0.42
263	CHHOLEY KULCHE	 GLUTEN	170 G	301.46	9.26	8.75	1.53	0.07	46.64	4.38	2.08	0.16	45.30	776.32	1.18






264	PANEER ROLL		100 G	224.02	6.08	12.95	8.28	0.00	20.77	2.26	0.02	1.21	102.60	211.36	1.53
265	BACHPAN KI YAADEIN	N/A	100 G	45.19	0.73	0.12	0.00	-	10.26	0.01	-	3.04	10.14	447.48	0.34
266	GHUGNI	N/A	100 G	200.12	9.04	5.26	0.46	-	29.04	0.33	-	1.51	56.68	643.60	3.56
267	JHAL MURI		100 G	241.94	6.23	5.47	0.88	0.01	41.20	0.63	-	3.10	33.19	471.44	0.72
268	TALI BHAJI	N/A	100 G	262.21	4.87	17.86	2.94	-	20.64	0.22	-	4.60	39.80	529.62	1.57
269	VEGETABLE CHOP		100 G	256.96	2.87	19.00	3.11	-	19.40	-	-	2.44	30.93	732.73	0.95
270	CHOWMEIN		100 G	212.62	5.05	6.54	1.11	-	33.73	0.57	0.15	0.38	4.78	56.40	0.10
271	LITTI CHOKHA		100 G	210.00	7.43	6.00	0.02	-	32.45	0.60	-	4.20	45.54	541.88	2.50
CHAAT															
272	TANDOORI FRUIT CHAAT	N/A	100 G	80.09	1.15	2.96	0.70	-	12.24	0.52	0.13	3.11	38.64	147.08	0.88
273	BHUNI HUI CHAAT	N/A	100 G	112.80	1.39	5.15	0.80	-	15.78	2.34	0.07	3.64	10.99	604.38	0.84
274	PALAK PATTI CHAAT		100 G	164.00	4.13	11.00	1.81	-	13.73	3.66	-	3.48	64.14	328.72	1.34
275	FRUIT CHAAT	N/A	100 G	63.00	0.51	0.32	-	-	14.49	1.60	-	1.93	15.50	448.30	0.98
276	DAHI KI TIKKI		100 G	184.00	6.33	13.00	4.25	-	11.36	1.85	-	0.18	222.14	256.94	0.31

290	FALAFAL	N/A	100 G	207.37	6.29	13.45	2.15	-	15.16	0.36	-	8.46	71.72	248.74	3.04
291	THREE BEANS SALAD	N/A	100 G	274.03	15.37	6.31	-	-	38.97	-	-	5.02	108.49	12.00	3.02
292	TOSSED SALAD	N/A	100 G	41.43	2.10	0.49	0.04	-	6.95	0.10	-	3.58	54.50	29.46	1.11
293	ALOO CORN SALAD	N/A	100 G	123.03	1.88	4.38	0.07	-	19.90	2.10	-	1.76	8.63	33.11	0.46
294	GARDEN GREEN SALAD	N/A	100 G	29.00	0.74	0.13	-	-	6.08	-	-	2.66	32.14	476.26	0.65
295	PASTA SALAD		100 G	179.64	5.31	3.05	0.50	0.00	32.24	4.20	-	1.78	13.64	59.60	1.39
296	PAPAD ROASTED	N/A	100 G	322.24	22.63	0.36	0.22	-	57.12	1.98	-	-	-	1498.7	5.18
297	ALOO PEANUT SALAD		100 G	190.00	4.62	7.00	0.38	-	27.60	1.78	-	1.76	23.62	669.48	0.97
298	WALDORF SALAD		100 G	97.00	0.45	4.00	0.60	0.01	14.24	0.87	-	2.06	14.21	401.65	0.57
299	MIX FRUIT SALAD	N/A	100 G	68.62	0.46	2.00	0.29	-	12.36	2.67	-	2.63	18.05	499.05	0.91
300	CHANA SPROUT	N/A	100 G	157.97	6.54	3.85	0.31	-	24.32	-	-	10.67	88.18	438.10	1.88
301	FRIED GARLIC	N/A	100 G	212.21	6.92	10.16	1.74	-	21.93	5.97	-	5.22	20.08	784.58	1.05
302	FRIED GREEN CHILLI	N/A	100 G	130.70	2.36	10.72	1.84	-	5.86	0.67	-	4.77	18.45	777.66	1.20
303	FRY PAPAD	N/A	100 G	499.04	22.63	20.36	3.64	-	57.12	1.98	-	-	-	1498.7	5.18

304	PICKLED ONION	N/A	100 G	83.06	1.2	0.1	-	-	19.19	8.04	8	2.5	47.6	198.37	0.62
305	MANGO PINEAPPLE SALAD	N/A	100 G	81.91	0.92	1.21	0.17	-	17.18	7.55	1.14	2.58	16.01	717.28	1.11
306	KACHUMBER SALAD	N/A	100 G	27.97	1.13	0.29	-	-	5.16	-	-	2.24	54.23	399.95	1.01
307	GREEN SALAD	N/A	100 G	31.44	0.82	0.13	-	-	6.67	-	-	2.96	35.41	12.39	0.72
308	LEAFY VEG SALAD	N/A	100 G	34.00	2.23	1.00	0.18	-	3.20	0.00	-	0.33	56.15	445.82	2.53
309	RAMZANI FRUIT SALAD	N/A	100 G	68.6	0.5	2.0	0.3	-	12.4	2.7	-	2.6	18.1	499.0	0.9
310	MIX DAL KA SALAD	N/A	100 G	149.7	8.9	1.3	0.0	-	25.6	0.0	-	9.2	75.8	14.8	2.0
BEVERAGES															
311	KESAR PISTA KULFI SHAKE (With vanilla ice cream)	 	1 GLASS (250 ml)	457.53	14.66	25.28	5.89	-	42.66	25.71	6.58	0.00	194.74	80.68	1.01
312	CHOCOLATE KULFI SHAKE (With vanilla ice cream)	 	1 GLASS (250 ml)	454.13	12.53	18.47	5.95	-	59.29	37.68	6.58	-	176.32	80.68	-
313	STRAWBERRY KULFI SHAKE (With strawberry ice cream)	 	1 GLASS (250 ml)	433.75	12.12	18.24	5.89	-	56.03	40.95	20.58	-	176.32	80.68	-
314	AAM PANNA	N/A	1 GLASS (250 ml)	147.93	0.55	0.15	-	-	35.40	25.31	-	2.25	9.30	2424.11	0.70
315	MASALA CHAI		100 ml	62.83	1.68	0.76	0.00	-	12.60	10.00	10.00	0.09	68.10	0.31	0.03
316	MANGO SHAKE (With vanilla ice cream)	  SULPHITES	1 GLASS (250 ml)	695.00	12.40	27.50	6.75	-	99.35	53.15	14.18	-	335.00	0.08	-

317	MOJITO (COCKTAIL)	N/A	280-300 ml	297.00	0.17	0.14	-	-	27.84	25.53	-	0.03	11.50	3.64	0.12
318	MANGO DAIQUIRI (COCKTAIL)	N/A	240 ml	259.79	0.23	0.15	-	-	19.30	19.30	13.46	-	20.70	7.21	0.05
319	MAI TAI (COCKTAIL)	N/A	280-300 ml	277.72	0.26	0.15	-	-	23.23	21.35	11.01	-	15.90	2.97	0.08
320	MINT JULEP (COCKTAIL)	N/A	280-300 ml	208.29	0.00	0.00	-	-	7.15	7.14	7.14	0.01	0.20	0.07	0.02
321	WHISKY SOUR (COCKTAIL)	N/A	280-300 ml	230.94	0.18	0.10	-	-	12.43	11.34	9.54	-	11.40	0.37	0.06
322	CAIPIROSKA (COCKTAIL)	N/A	280-300 ml	239.16	0.30	0.27	-	-	14.04	-	10.71	-	21.00	0.11	0.08
323	GREEN APPLE MARTINI (COCKTAIL)	N/A	180-200 ml	259.85	0.23	0.15	-	-	19.27	16.86	-	0.00	13.50	2.68	0.05
324	MARGARITA (COCKTAIL)	N/A	180-200 ml	230.69	0.23	0.15	-	-	14.60	12.97	12.91	-	13.50	195.63	0.05
325	SANGRIA (COCKTAIL)	N/A	280-300 ml	215.00	0.55	0.37	-	-	20.79	13.54	-	0.38	29.10	8.16	0.95
326	LONG ISLAND ICED TEA (COCKTAIL)	N/A	280-300 ml	270.74	0.23	0.15	-	-	21.14	19.33	19.27	-	13.50	6.94	0.05
327	CUCUMBER COLLINS (COCKTAIL)	N/A	280-300 ml	270.19	0.29	0.16	-	-	17.43	-	15.52	0.29	15.50	1.02	0.18
328	VIRGIN PINA COLADA (MOCKTAIL)		280-300 ml	303.51	1.35	15.00	-	0.60	40.23	40.23	12.00	-	12.00	3.96	0.15
329	SPICED TANGO (MOCKTAIL)	N/A	280-300 ml	102.17	0.45	0.30	-	-	23.63	23.63	12.96	0.00	34.20	1118.21	0.09
330	FRUIT PUNCH (MOCKTAILS)	  SULPHITES	280-300 ml	314.30	1.41	15.00	-	0.60	44.68	44.68	32.12	-	10.80	28.35	0.09

331	OREO BLAST (MOCKTAIL)		380-400 ml	671.25	7.59	35.20	20.17	0.03	80.86	68.74	10.45	-	2.85	144.26	-
332	MANGO JULEP (MOCKTAIL)	N/A	280-300 ml	169.20	0.16	0.10	-	-	42.50	41.40	27.00	0.01	18.40	303.00	0.06
333	SHARBAT E MOHABBAT (MOCKTAIL)		280-300 ml	235.00	4.84	5.00	-	-	43.76	36.05	36.05	0.12	192.70	5.51	1.58
334	VIRGIN MOJITO (MOCKTAIL)	N/A	280-300 ml	167.07	0.89	0.51	-	-	39.13	32.73	-	0.32	51.00	3.64	0.92
335	CUCUMBER COOLER (MOCKTAIL)	N/A	280-300 ml	120.15	0.38	0.18	-	-	21.99	19.60	18.70	0.78	16.95	3.36	0.26
336	ITALIAN SMOOCH (MOCKTAIL)	N/A	280-300 ml	127.00	0.59	0.42	-	-	30.42	25.35	25.35	0.33	0.32	0.11	0.36
337	BOMBAY COLLINS (MOCKTAIL)	N/A	280-300 ml	114.69	0.26	0.14	-	-	27.71	25.81	11.70	0.03	11.50	3.68	0.21
338	SPICY GUAVA (MOCKTAIL)	N/A	280-300 ml	16.50	0.03	-	-	-	4.14	4.14	3.39	-	2.10	4.50	0.03
339	GLEE CHEE (MOCKTAIL)	N/A	280-300 ml	217.68	0.32	0.15	-	-	32.82	30.94	19.44	-	14.85	2.34	0.14
340	LADY IN RED (MOCKTAIL)	N/A	280-300 ml	149.01	0.23	0.15	-	-	37.13	35.00	-	-	13.50	2.89	0.05
341	PACIFIC BLUE (MOCKTAIL)		280-300 ml	91.29	0.25	0.15	-	-	22.91	21.36	-	0.12	9.40	-	0.10
342	JALJEERA (MOCKTAIL)	N/A	280-300 ml	122.81	0.01	0.01	0.00	-	31.19	28.63	10.63	0.02	-	339.15	-
343	KAALA KHATTA (MOCKTAIL)	N/A	280-300 ml	123.88	0.01	0.01	0.00	-	30.76	30.76	11.55	0.02	-	447.23	-
344	SMOKED PINEAPPLE PRIDE (MOCKTAIL)	N/A	280-300 ml	163.73	2.53	2.59	0.00	-	26.10	17.53	8.59	8.58	15.04	1.38	0.14











345	GRILLY CHILLY (MOCKTAIL)	N/A	280-300 ml	148.80	1.78	1.25	0.01	-	32.08	21.96	-	2.65	104.80	5.85	1.08
346	IMLI CHILLY (MOCKTAIL)	N/A	280-300 ml	104.86	0.54	0.27	-	-	25.38	23.78	19.71	0.71	13.70	214.96	0.66
347	KESAR E ADRAKI (MOCKTAIL)	N/A	280-300 ml	137.50	0.46	0.13	-	-	34.06	32.38	12.81	0.29	14.10	45.07	0.20
348	STRAWBERRY BASIL COOLER (MOCKTAIL)	 SULPHITES	280-300 ml	120.51	0.53	0.30	-	-	29.67	25.89	15.96	0.00	27.18	1.22	0.09
349	GUAVA MARY (MOCKTAIL)	N/A	280-300 ml	99.07	0.72	0.42	-	-	23.31	20.71	16.95	1.41	33.40	810.87	0.66
350	LEMON ICED TEA (MOCKTAIL)	N/A	280-300 ml	106.00	0.12	0.01	-	-	26.00	24.78	24.69	0.03	-	4.90	-
351	PEACH ICED TEA (MOCKTAIL)	N/A	280-300 ml	89.40	0.12	-	-	-	21.75	21.00	21.00	-	-	18.00	-
352	ELDER FLOWER ICED TEA (MOCKTAIL)	N/A	280-300 ml	104.00	0.08	0.01	-	-	25.00	24.19	16.46	0.02	-	3.26	-
353	MANGO ICED TEA (MOCKTAIL)	 SULPHITES	280-300 ml	100.30	0.09	0.01	-	-	24.66	19.73	16.46	0.02	-	3.26	-
354	PASSION FRUIT ICED TEA (MOCKTAIL)	N/A	280-300 ml	105.25	0.10	0.02	-	-	25.84	24.98	24.71	0.03	-	3.50	-
355	SATTU DRINKS	N/A	100 G	123.06	6.40	1.95	0.16	-	21.30	0.63	-	3.09	7.46	246.29	0.09
DESSERT															
356	PHIRNI	 	100 G	159.9	3.5	9.5	0.7	0.0	15.02	6.94	6.26	-	109.39	-	-
357	MOONG DAL HALWA	N/A	50 G	238.54	3.81	17.12	5.84	0.24	17.31	19.16	8.64	-	2.07	2.08	0.18
































358	ANGOORI GULAB JAMUN	 	100 G	310.80	4.76	6.76	2.80	0.50	57.73	39.85	-	0.12	-	26.30	-
359	BROWNIE	 	100 G	430.31	7.07	13.71	0.50	0.01	69.66	49.68	-	-	-	-	-
360	WALNUT AMERICAN BROWNIE	 	100 G	479.22	6.88	21.83	3.75	0.01	64.55	45.86	-	-	2.31	-	0.06
361	PLUM CAKE	 	100 G	553.77	8.91	25.56	9.55	0.02	71.44	29.12	-	1.62	17.12	576.58	1.15
362	CHOCOLATE PASTRY	 	100 G	367.38	5.90	15.50	3.46	0.01	51.05	21.79	-	0.84	1.75	397.63	0.28
363	KIWI PASTRY	  	100 G	368.70	7.19	11.46	4.90	0.01	59.48	36.19	0.29	0.01	0.68	308.49	-
364	RED VELVET PASTRY	 	100 G	349.00	4.72	13.00	6.89	0.07	53.22	26.35	0.67	0.67	0.63	6.87	-
365	FRUIT CUSTARD	 	100 G	199.46	3.75	9.80	2.53	-	24.53	12.21	7.14	0.41	109.04	2.79	0.86
366	FRESH FRUIT TART	 	100 G	396.03	6.14	16.64	13.40	-	56.15	21.39	16.67	1.16	81.94	17.22	1.60
367	COCONUT CHOCOLATE BALL	 	100 G	498.71	6.67	25.22	3.25	0.01	61.91	39.75	-	-	40.73	-	0.95
368	BUTTER SCOTCH PASTRY	  	100 G	320.00	4.40	8.87	6.28	0.01	56.04	41.57	15.03	0.01	1.59	196.27	0.02
369	KESAR PISTA KULFI	 	1 STICK (40 G)	111.11	3.17	6.84	0.07	0.25	9.34	5.24	3.57	0.00	92.83	4.05	0.15
370	MANGO KULFI	 	1 STICK (40 G)	99.83	2.74	5.68	0.06	0.24	9.57	5.80	4.24	-	84.77	3.77	0.04
371	STRAWBERRY KULFI	 	1 STICK (40 G)	99.51	2.80	5.87	0.07	0.25	8.98	5.06	3.45	0.05	88.32	3.89	0.08


































372	CHOCOLATE KULFI		1 STICK (40 G)	111.40	2.93	6.43	0.07	0.25	10.58	5.06	3.45	-	88.00	3.89	0.11
373	PAAN KULFI		1 STICK (40 G)	105.11	2.81	5.87	0.07	0.25	10.37	5.06	3.45	-	89.28	3.89	0.11
374	RASOGOLLA		100 G	276.00	8.56	7.05	-	-	44.52	30.98	-	0.16	-	16.90	-
375	STRAWBERRY PASTRY		100 G	328.50	6.30	10.03	4.29	0.01	53.61	33.20	1.66	0.01	0.59	269.93	-
376	PINEAPPLE PASTRY		100 G	331.15	6.31	10.03	4.29	0.01	54.16	32.27	-	0.01	0.59	269.93	-
377	CHEESE CHOCOLATE BROWNIE		100 G	210.88	0.91	16.93	2.69	0.00	14.33	8.25	7.50	0.02	0.69	-	0.16
378	FRUIT PASTRY		100 G	303.04	5.78	9.19	3.92	0.01	49.52	29.94	-	0.18	1.31	247.76	0.03
379	RASBHARI		100 G	315.64	9.06	11.49	3.86	0.15	44.09	30.43	4.17	0.16	114.23	26.69	0.07
380	RABRI		100 G	182.28	4.25	12.18	0.11	0.46	14.11	8.24	5.62	-	128.65	6.34	0.03
381	SHAHI TUKDA		100 G	318.21	6.48	15.92	0.98	0.29	37.79	12.38	10.71	0.03	95.76	4.10	2.18
382	VANILLA ICE CREAM		100 G	116.00	1.80	6.30	3.60	-	12.90	10.10	-	-	-	-	-
383	STRAWBERRY ICE CREAM		100 G	101.00	1.80	5.50	3.50	-	11.00	8.10	-	-	-	-	-
384	TRUFFLE CUSTARD PUDDING		100 G	225.13	4.30	11.38	2.95	-	26.90	14.25	8.33	-	124.96	0.42	0.90
385	PLAIN KULFI		1 STICK (40 G)	110.02	2.63	7.09	0.07	0.26	9.05	1.73	3.70	-	81.75	4.18	0.02



































386	PAYASAM		100 G	201.42	5.26	8.91	0.13	-	25.10	26.05	11.85	-	129.76	2.68	0.41
387	ADA PRADHAMAN		100 G	199.51	5.33	9.21	0.15	-	23.84	25.28	11.80	-	129.76	2.09	0.41
388	MANGO MOUSSE	N/A	100 G	207.32	1.05	12.24	11.16	-	23.37	18.83	8.27	0.30	32.40	43.98	0.20
389	AAM PHIRNI		100 G	169.11	3.59	9.00	0.63	0.02	18.33	13.71	7.34	0.30	104.90	3.91	0.25
390	MANGO PASTRY		100 G	301.81	4.01	9.58	5.77	0.01	50.19	31.57	6.00	0.21	2.59	177.67	0.13
391	GHEWAR		100 G	402.16	4.87	20.41	1.69	0.20	51.01	28.98	27.66	-	68.20	5.85	0.72
392	MALPUA		100 G	391.53	4.99	17.46	2.38	-	54.91	-	22.22	0.09	29.38	39.36	1.00
393	JALEBI		100 G	323.78	4.11	15.19	2.53	-	43.80	16.30	16.30	0.00	10.17	43.22	1.00
394	SABUDANA KHEER		100 G	208.11	2.64	3.27	-	-	42.83	24.10	24.10	0.28	80.58	0.24	0.65
395	CHOCOLATE BROWNIE		100 G	449.10	6.78	17.16	0.48	0.01	66.87	47.70	-	-	-	-	-
396	CRISPY TART		100 G	422.13	6.13	17.91	13.04	0.09	59.64	18.49	17.86	0.28	13.38	9.01	1.53
397	COLOURFUL JELLY BELLY	N/A	20 G	32.00	0.03	0.01	-	-	7.88	7.34	-	-	-	-	-
398	GULAB JAMUN		100 G	310.80	4.76	6.76	2.80	0.50	57.73	39.85	-	0.12	-	26.30	-
399	KESARIYA PHIRNI		100 G	159.9	3.5	9.5	0.7	0.0	15.02	6.94	6.26	-	109.39	-	-














400	GHEWAR MALAI	 	100 G	402.16	4.87	20.41	1.69	0.20	51.01	28.98	27.66	-	68.20	5.85	0.72
401	MALPUA WITH RABRI	 	100 G	333.29	5.79	17.59	1.28	0.33	38.76	17.90	15.74	0.04	116.87	24.90	0.52
402	JALEBI WITH RABRI	 	100 G	299.42	5.35	16.46	1.36	0.33	33.21	14.94	12.78	0.00	107.27	26.84	0.52
403	MALAI KULFI	 	1 STICK (40 G)	110.02	2.63	7.09	0.07	0.26	9.05	1.73	3.70	-	81.75	4.18	0.02
404	CASSATA PASTRY	  	100 G	273.87	4.33	10.13	3.87	0.01	41.77	25.92	2.36	0.01	0.53	185.89	-
405	BALUSHAHI		1 PIECE (32 G)	134.00	1.35	9.00	0.84	-	12.82	3.69	3.69	0.00	2.83	14.23	0.33
406	WHITE CHOCOLATE CHEESE CAKE	 	100 G	497.46	6.38	29.82	16.36	-	51.31	18.25	16.63	-	26.02	440.47	0.75
407	FRUIT CAKE	  	100 G	452.93	9.11	14.26	6.94	-	69.93	16.70	10.00	0.00	33.59	90.48	2.60
408	TIRAMISU		50 G	136.58	1.02	9.60	8.63	-	11.49	8.38	-	-	2.26	24.50	-
409	OREO MOUSSE	 	50 G	156.15	0.70	10.17	8.56	0.01	15.46	15.41	4.03	-	1.98	65.18	-
414	DOUBLE KA MEETHA	  	100 G	318.2	6.5	15.9	1.0	0.3	37.79	1.67	10.71	0.03	95.76	4.10	2.18
415	GALIYON KI PHIRNI	 	100 G	159.9	3.5	9.5	0.7	0.0	15.02	6.94	6.26	-	109.39	-	-
412	SHEER KHURMA	  	100 G	167.9	4.4	7.4	0.1	-	20.91	11.83	9.88	-	108.14	2.23	0.34
413	MIRCH KA HALWA	 	100 G	317.62	7.42	20.83	0.92	-	25.51	15.69	15.00	1.69	289.96	1.62	0.45































414	GOND BESAN K LADDU		50 G	317.91	8.05	19.01	1.56	-	29.39	4.55	4.55	8.13	21.84	26.68	2.07
415	LAL MAHAL SALAD	N/A	100 G	59.78	1.67	0.30	0.02	-	12.56	-	-	3.34	61.60	7.30	0.81
416	FRUIT INDRANI		100 G	231.74	7.42	8.15	0.00	-	32.14	-	-	0.11	51.78	11.40	0.12
417	GALAXY CHOCOLATE		100 G	367.38	5.90	15.50	3.46	0.01	51.05	21.79	-	0.84	1.75	397.63	0.28
418	JELLY BELLY	N/A	20 G	32.00	0.03	0.01	-	-	7.88	7.34	-	-	-	-	-
419	DARK CHEESE BROWNIE		100 G	210.9	0.9	16.9	2.7	0.0	14.33	0.75	7.50	0.02	0.69	-	0.16
420	GUR KE CHAWAL		100 G	238.79	2.59	11.52	0.00	-	31.14	0.01	-	1.09	29.31	0.03	0.63
421	SAKKARAI PONGAL		100 G	185.15	4.14	5.41	-	-	30.17	6.25	6.25	1.17	50.15	2.26	0.90
422	TILL GUR KE LADDU		50 G	237.24	5.69	14.02	1.21	-	23.88	0.05	-	-	125.86	1.90	1.46
15	MYSORE PAK	N/A	50 G	280.0	2.1	18.0	-	-	26.59	21.55	-	-	-	-	-
15	SHRIKHAND		50 G	119.0	3.1	3.0	1.5	-	21.00	21.00	20.50	-	20.00	10.00	-
425	PEANUT JAGGERY CANDY		20 G	97.47	2.90	5.67	0.21	-	9.01	0.01	-	0.65	48.24	0.32	0.64
426	GUJIYA		30 G	159.60	2.73	10.00	1.18	-	15.08	4.62	4.62	-	73.45	1.12	0.40
427	NARKEL LADDU	N/A	30 G	193.71	1.63	14.95	-	-	13.42	9.00	9.00	-	96.00	0.09	1.87















NON VEGETARIAN DESSERT 															
428	MAWA SLICE CAKE	  	100 G	430.64	7.24	24.96	17.35	-	44.73	25.84	25.00	-	26.00	2.58	1.38
NON VEGETARIAN 															
429	TANDOORI CHICKEN TIKKA	 	100 G	248.00	19.02	18.00	1.71	-	3.08	0.52	0.13	0.20	66.53	192.20	1.40
430	TANDOORI FISH TIKKA	  	100 G	172.00	24.14	7.00	1.53	-	3.26	0.55	0.14	0.21	57.61	174.74	1.09
431	TANDOORI TANGDI	 	100 G	422.00	20.21	16.00	1.79	-	3.08	0.52	0.13	0.20	68.56	192.66	1.55
432	TANDOORI PRAWNS	  	100 G	143.00	19.85	5.00	0.69	-	3.59	0.35	0.08	0.20	354.23	142.76	5.35
433	TANDOORI WINGS	 	100 G	242.00	18.30	18.00	1.87	-	3.08	0.52	0.13	0.20	75.75	199.94	1.65
434	CHEESE CHICKEN TIKKA		100 G	235.11	17.56	17.17	1.02	-	2.83	1.26	0.13	-	17.35	540.10	1.05
435	CHEESE FISH TIKKA	  	100 G	179.00	25.60	7.00	0.90	-	3.40	1.51	0.15	-	6.28	615.52	0.82
436	CHEESE PRAWNS	  	100 G	135.00	15.24	5.00	0.23	-	3.11	1.31	0.09	-	77.06	602.06	0.99
437	CHEESE CHICKEN WINGS	 	100 G	257.00	19.94	19.00	1.32	-	3.19	1.42	0.14	-	29.89	616.32	1.47
438	ACHARI CHICKEN TIKKA	 	100 G	246.00	19.00	17.79	1.05	-	2.68	0.01	-	0.49	77.60	141.31	1.26
439	ACHARI FISH TIKKA	  	100 G	162.13	19.02	8.41	0.04	-	2.68	0.01	-	0.49	225.52	80.31	0.21















440	ACHARI TANGDI	 	100 G	418.65	20.19	16.19	1.13	-	2.68	0.01	-	0.49	79.63	141.76	1.41
441	ACHARI PRAWNS	  	100 G	124.33	14.18	5.09	0.22	-	2.68	0.01	-	0.49	124.46	153.70	1.03
442	ACHARI WINGS	 	100 G	239.45	18.29	17.40	1.21	-	2.68	0.01	-	0.49	86.81	149.04	1.51
443	RESHMI CHICKEN TIKKA	 	100 G	224.84	17.12	16.35	1.52	-	2.50	0.50	0.12	0.15	60.17	356.73	1.21
444	RESHMI FISH TIKKA	  	100 G	147.64	20.52	6.06	1.28	-	2.50	0.50	0.12	0.15	49.27	332.28	0.88
445	RESHMI CHICKEN TANGDI	 	100 G	380.22	18.19	14.90	1.59	-	2.50	0.50	0.12	0.15	62.00	357.14	1.35
446	RESHMI PRAWNS	  	100 G	114.32	12.74	4.91	0.77	-	2.28	0.35	0.07	0.15	102.35	322.19	1.01
447	RESHMI CHICKEN WINGS	 	100 G	218.10	16.47	15.90	1.66	-	2.50	0.50	0.12	0.15	68.47	363.69	1.44
448	KALMI CHICKEN TIKKA	 	100 G	222.20	17.12	15.92	1.34	-	2.83	0.44	0.12	0.18	61.37	337.68	1.20
449	KALMI FISH TIKKA	  	100 G	145.84	20.52	5.73	1.10	-	2.83	0.44	0.12	0.18	50.47	313.23	0.87
450	KALMI CHICKEN TANGDI	 	100 G	378.42	18.19	14.57	1.41	-	2.83	0.44	0.12	0.18	63.20	338.09	1.34
451	KALMI PRAWNS	  	100 G	112.70	12.77	4.49	0.59	-	2.83	0.44	0.12	0.18	103.55	348.83	1.00
452	KALMI CHICKEN WINGS	 	100 G	216.30	16.47	15.57	1.48	-	2.83	0.44	0.12	0.18	69.67	344.64	1.43
453	GARLIC MUSTARD CHICKEN TIKKA	 	100 G	223.94	17.12	16.11	1.34	-	2.83	0.65	0.12	0.18	61.37	348.33	1.28














454	GARLIC MUSTARD FISH TIKKA	  	100 G	167.47	21.24	8.00	1.14	-	2.48	0.38	0.00	0.25	236.61	253.71	0.21
455	GARLIC MUSTARD CHICKEN TANGDI	 	100 G	380.16	18.19	14.76	1.41	-	2.83	0.65	0.12	0.18	63.20	348.74	1.41
456	GARLIC MUSTARD PRAWNS	  	100 G	114.44	12.77	4.68	0.59	-	2.83	0.65	0.12	0.18	103.55	359.48	1.07
457	GARLIC MUSTARD CHICKEN WINGS	 	100 G	218.04	16.47	15.75	1.48	-	2.83	0.65	0.12	0.18	69.67	355.29	1.51
458	PERI PERI CHICKEN TIKKA	 	100 G	280.47	17.87	21.38	2.42	0.01	4.37	1.70	0.12	0.32	43.96	382.60	1.33
459	PERI PERI FISH TIKKA	  	100 G	210.27	22.64	11.14	2.30	0.01	4.61	1.80	0.13	0.34	34.29	376.68	1.04
460	PERI PERI CHICKEN TANGDI	 	100 G	444.92	18.99	19.96	2.50	0.01	4.37	1.70	0.12	0.32	45.89	383.03	1.47
461	PERI PERI PRAWNS	  	100 G	184.64	14.86	10.45	1.84	0.01	4.88	1.90	0.14	0.36	98.75	440.73	1.25
462	PERI PERI CHICKEN WINGS	 	100 G	289.50	18.14	22.18	2.72	0.01	4.61	1.80	0.13	0.34	55.62	411.59	1.66
463	HOT GARLIC CHICKEN TIKKA	 	100 G	234.68	15.74	18.27	1.70	0.01	2.04	1.20	-	-	15.61	232.00	0.94
464	HOT GARLIC FISH TIKKA	  	100 G	163.38	19.28	8.23	1.66	0.01	2.84	1.65	0.12	-	4.71	395.57	0.61
465	HOT GARLIC CHICKEN TANGDI	  	100 G	474.81	19.51	21.66	3.15	0.01	3.90	2.12	0.12	0.22	26.58	437.50	1.33
466	HOT GARLIC PRAWNS	 	100 G	145.64	12.82	7.87	1.29	0.01	3.16	1.83	0.13	-	64.21	479.09	0.82
467	HOT GARLIC CHICKEN WINGS	 	100 G	265.68	16.98	20.51	2.45	0.01	3.59	1.96	0.12	-	29.02	429.53	1.37













468	THAI CHICKEN TIKKA		100 G	305.78	18.86	23.92	3.17	0.01	4.02	2.19	0.13	0.22	25.26	450.63	1.21
469	THAI FISH TIKKA		100 G	191.97	22.22	9.89	2.45	0.01	3.27	1.80	0.13	0.17	10.76	367.34	0.78
470	THAI CHICKEN TANGDI		100 G	474.81	19.51	21.66	3.15	0.01	3.90	2.12	0.12	0.22	26.58	437.50	1.33
471	THAI PRAWNS		100 G	176.96	13.75	10.47	2.29	0.01	4.02	2.19	0.13	0.22	74.88	463.75	0.97
472	THAI CHICKEN WINGS		100 G	289.84	17.55	22.79	3.24	0.01	3.90	2.12	0.12	0.22	33.96	444.98	1.43
473	CHICKEN BUTTER MASALA		100 G	265.06	9.80	21.08	5.62	0.00	7.61	3.73	0.09	0.92	80.05	658.57	0.34
474	KADHAI CHICKEN		100 G	232.84	8.25	18.22	4.69	0.00	8.38	3.12	0.08	1.47	82.86	602.41	0.46
475	MUTTON ROGAN JOSH	N/A	100 G	184.52	9.98	11.33	0.00	-	10.62	1.61	0.06	0.13	77.35	352.32	1.28
476	FISH MASALA		100 G	197.02	8.32	15.17	4.82	0.00	5.51	3.59	0.08	1.04	60.42	660.98	0.05
477	EGG MASALA		100 G	250.88	7.04	20.14	5.38	0.00	8.62	3.66	0.07	1.44	82.26	696.44	0.58
478	CHILLI GARLIC PRAWNS		100 G	113.03	12.42	4.98	0.87	-	2.15	0.24	0.01	1.01	87.84	103.41	1.14
479	CHICKEN BIRYANI		100 G	195.11	7.18	8.69	1.27	0.01	21.72	0.63	-	0.91	21.77	514.20	0.58
480	MUTTON BIRYANI		100 G	214.16	8.99	9.61	1.03	0.01	22.87	1.59	0.02	0.12	69.77	385.22	1.14
481	DUM KA MURGH		100 G	294.32	9.09	23.07	5.81	0.01	8.15	2.02	0.04	1.00	86.76	234.22	0.37















482	CRUMB FRIED FISH FINGER	 	100 G	373.11	18.81	21.73	0.57	-	25.26	0.24	0.06	0.31	8.28	85.10	0.94
483	CHICKEN FRIED RICE	 	100 G	217.00	6.85	12.00	1.57	-	20.51	0.58	0.06	1.46	17.63	275.31	1.01
484	BANO TANGDI	 	100 G	422.40	18.95	18.82	1.08	-	1.36	0.01	-	0.06	64.27	81.02	1.36
485	CHICKEN SHISH TAWOOK	 	100 G	250.83	17.56	19.07	1.94	0.01	2.47	1.60	0.13	0.03	22.98	227.54	1.12
486	KEEMA KALEJI	N/A	100 G	165.12	13.49	11.04	0.81	-	2.85	0.65	0.06	0.78	63.18	304.87	3.24
487	JHEENGA NISHA	  	100 G	144.39	14.93	6.44	1.89	0.01	3.73	1.55	0.12	0.17	114.49	382.63	1.18
488	BURRANI GOSHT		100 G	168.64	10.92	12.04	0.29	-	4.16	0.67	0.04	0.21	78.89	586.27	1.35
489	ZAFRANI MACHHI	  	100 G	181.79	19.24	10.02	1.48	0.00	3.75	1.33	0.13	0.17	216.69	337.82	0.34
490	EGG CURRY	  	100 G	165.50	6.04	12.56	1.72	-	6.14	3.05	0.09	1.67	27.87	372.11	0.78
491	PESHAWARI TANGDI	 	100 G	436.57	18.21	20.78	2.31	0.00	3.33	1.20	0.12	0.17	62.34	359.20	1.41
492	PARSLEY FISH	  	100 G	182.51	18.03	11.15	1.17	-	2.77	0.32	0.07	0.15	235.96	693.48	0.55
493	CHERMOULA PRAWNS	 	100 G	132.96	18.79	4.46	0.54	0.00	4.55	0.94	0.08	0.02	312.83	142.42	5.13
494	MAHI SURKH KORMA	  	100 G	241.36	9.90	17.77	5.27	0.00	7.95	2.81	0.06	1.01	134.39	298.21	0.07
495	MURGH BAGMATI	 	100 G	264.63	8.78	20.53	4.67	0.00	7.64	1.69	0.05	1.67	82.49	207.94	0.99






















496	MURGH PATIALA		100 G	259.59	9.08	20.12	4.89	0.00	7.30	2.00	0.05	1.02	76.38	219.20	0.43
497	MURGH JEERA		100 G	251.22	10.02	19.75	5.03	0.00	7.29	3.24	0.05	1.18	83.03	230.03	0.50
498	MURGH METHI		100 G	264.15	8.96	20.59	5.19	0.00	7.34	1.67	0.05	1.44	104.57	212.87	0.60
499	ANDHRA CHICKEN CURRY		100 G	278.47	9.59	22.34	4.29	-	6.79	1.30	0.05	1.09	81.48	224.69	0.44
500	MURGH LABABDAR		100 G	282.42	11.12	22.06	5.96	0.00	8.71	3.85	0.07	1.16	82.27	354.96	0.47
501	MURGH BANJARA		100 G	264.25	8.95	20.61	5.19	0.00	7.34	1.67	0.05	1.45	96.27	214.24	0.61
502	MURGH MASALA JODHPURI		100 G	252.20	9.86	19.74	5.24	0.00	7.84	3.38	0.06	1.04	73.76	311.17	0.43
503	KADHAI GOSHT		100 G	162.33	10.81	11.37	0.15	-	4.16	0.80	0.04	0.36	80.70	632.42	1.31
504	MUTTON SAHA PASANDA		100 G	205.36	10.55	13.49	1.68	-	5.72	2.01	0.04	1.52	75.47	277.69	1.25
505	DUM KI MACHHI		100 G	235.83	9.18	17.26	4.98	0.00	7.18	1.75	0.03	1.08	132.33	514.62	0.04
506	FISH CURRY		100 G	241.22	9.91	18.22	5.19	0.00	8.42	3.48	0.08	1.44	132.60	338.22	0.17
507	PRAWNS KHADA MASALA		100 G	109.78	13.88	3.66	0.93	-	2.47	0.55	0.14	0.21	97.14	216.63	1.05
508	ZAFRANI TANGDI		100 G	391.06	18.20	15.78	2.48	0.00	3.27	1.20	0.12	0.15	62.19	359.20	1.35
509	ANGARA TANGDI		100 G	379.70	18.19	14.76	1.61	-	2.77	0.47	0.12	0.18	61.70	173.39	1.39













510	FISH ADRAKI TIKKA		100 G	158.64	18.06	8.42	0.82	-	2.76	0.52	0.12	0.22	203.69	317.72	0.32
511	LEMON CORIANDER CHICKEN SOUP		100 G	77.98	3.43	5.07	0.64	-	4.80	0.05	0.02	0.92	45.27	39.11	0.63
512	MURGH TOMATO DHANIYA SHORBA		100 G	71.07	3.30	4.00	0.46	-	5.28	0.22	0.07	0.61	28.95	647.39	0.37
513	CRISPY CHICKEN STRIPS		100 G	421.00	21.10	29.00	4.28	-	20.27	0.74	-	-	16.51	82.10	1.37
514	HARIYALI CHICKEN TIKKA		100 G	241.55	17.26	18.10	2.13	-	2.72	0.32	0.07	0.15	64.40	751.86	1.33
515	CHICKEN DO PYAZA		100 G	259.66	8.20	19.62	5.22	0.00	8.84	1.94	0.07	1.46	92.42	296.27	0.52
516	PATIALA SHAHI GOSHT		100 G	207.08	10.08	13.49	1.52	-	5.72	1.38	0.04	1.52	75.47	266.75	1.25
517	CHICKEN IN BASIL PEPPER SAUCE		100 G	178.99	6.34	15.12	2.10	-	4.85	2.00	0.04	0.45	10.52	472.48	0.46
518	FISH MANGALOREAN		100 G	258.31	10.28	19.75	4.62	0.00	8.80	3.02	0.04	1.17	125.11	251.41	0.42
519	HARIYALI FISH		100 G	175.75	17.28	10.75	1.40	-	2.72	0.32	0.07	0.15	197.54	696.96	0.39
520	BHATTI DA MURGH		100 G	242.77	17.80	17.52	1.53	-	3.73	0.24	0.05	0.35	65.56	105.22	1.48
521	GOSHT ELAICHI PASANDA		100 G	219.21	11.26	14.40	1.79	-	6.13	2.14	0.04	1.64	80.58	451.23	1.33
522	CAJUN CHICKEN KEBAB		100 G	221.00	15.95	16.00	1.53	0.01	2.78	1.61	0.12	0.62	17.61	709.95	1.07
523	TAWA FISH MOZAMBIQUE		100 G	114.70	19.82	3.00	0.39	-	2.91	1.08	0.17	0.33	10.00	1124.20	0.07























524	HARIYALI MURGH TIKKA		100 G	224.02	17.21	16.09	1.79	-	2.85	0.47	0.12	0.15	63.50	332.46	1.20
525	KERALA STYLE FISH CURRY		100 G	117.72	8.85	5.86	1.48	-	4.94	1.96	0.04	1.17	9.55	633.64	0.37
526	CHICKEN SEEKH KEBAB		100 G	212.00	18.00	13.00	8.00	-	5.00	-	-	-	-	-	-
527	MUTTON SEEKH KEBAB		100 G	225.00	13.00	17.00	7.00	-	6.00	-	-	-	-	-	-
528	CHICKEN SEEKH MASALA		100 G	227.37	13.76	15.47	6.97	-	6.82	2.23	0.03	0.70	1.23	498.30	0.01
529	WOK TOSSED SEEKH KEBAB		100 G	236.04	10.43	18.14	6.31	-	7.49	2.23	0.03	0.70	1.23	498.30	0.01
530	KERALA STYLE MOZAMBIQUE FISH		100 G	229.19	10.87	16.78	5.03	0.00	7.33	2.88	0.03	1.09	69.00	303.66	0.13
531	EGG KHADA MASALA		100 G	251.88	7.07	20.31	5.36	0.00	8.62	3.39	0.08	2.98	92.20	382.84	0.68
532	CHILLI CHICKEN DRY		100 G	229.00	10.46	18.00	2.25	-	7.03	1.37	0.04	0.52	17.13	487.57	1.11
533	CHEESE TANGDI		100 G	490.00	22.50	19.00	1.32	-	3.40	1.51	0.15	-	23.26	648.67	1.44
534	LAAL MAAS	N/A	100 G	138.82	8.47	10.32	0.43	-	3.09	0.49	0.06	0.13	62.35	469.02	1.03
535	KACHI AMBI FISH TIKKA		100 G	143.68	17.31	6.54	0.64	-	4.02	0.12	-	0.81	192.87	221.89	0.23
536	AMBI FISH CURRY		100 G	274.62	6.16	26.15	6.12	-	4.26	0.28	-	1.28	63.96	683.64	0.39
537	CHICKEN TIKKI		100 G	221.49	17.22	13.02	0.25	-	8.77	0.22	-	3.35	89.47	681.52	4.54



















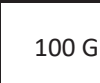


538	CHICKEN KEBAB	 SOYA	100 G	202.31	18.87	10.02	0.34	-	9.04	0.28	-	3.63	90.68	482.33	4.41
539	EGG SAUSAGE	 EGGS	100 G	162.95	6.75	13.00	1.21	-	4.41	2.81	-	0.75	49.09	469.88	1.28
540	CHICKEN PAKODA	N/A	100 G	395.88	18.08	29.42	3.75	-	15.59	0.33	0.10	2.39	33.95	646.52	2.08
541	RAWA FISH	 FISH EGGS GLUTEN	100 G	303.93	12.09	18.16	2.57	-	23.66	0.05	0.01	0.38	101.20	226.27	0.69
542	MUTTON KOSHA	N/A	100 G	189.74	8.52	14.03	0.01	-	7.32	0.07	0.01	1.58	85.17	27.37	1.56
543	FISH KALIA	 FISH	100 G	206.68	9.15	16.79	0.00	-	4.71	0.57	0.54	0.52	359.95	578.47	0.75
544	MUTTON SEEKH SIZZLER	 GLUTEN SOYA	100 G	237.47	12.21	17.83	7.20	-	7.95	0.40	-	0.82	18.94	215.33	0.20
545	CHICKEN SEEKH SIZZLER	 GLUTEN SOYA	100 G	225.77	16.71	14.23	8.10	-	7.05	0.40	-	0.82	18.94	215.33	0.20
546	ANCHOVY FRY	 FISH	100 G	426.57	19.21	31.79	3.96	-	16.15	0.05	-	3.76	131.96	919.24	3.12
547	CHICKEN DUM BIRYANI	 WATER MUTTON	100 G	199.93	9.31	8.59	1.14	0.01	21.31	1.70	0.01	0.53	25.51	441.51	0.60
548	CHICKEN DUM BIRYANI BONELESS	 WATER MUTTON	100 G	209.61	8.21	10.17	1.22	0.01	21.33	1.70	0.01	1.37	27.34	449.95	0.69
549	CHICKEN SEEKH DUM BIRYANI	 WATER MUTTON	100 G	220.13	8.60	10.43	3.49	0.02	22.68	2.05	0.01	0.66	27.59	393.31	0.50
550	MUTTON SEEKH DUM BIRYANI	 WATER MUTTON	100 G	232.85	6.17	12.43	2.70	0.02	24.26	2.07	0.01	0.81	31.07	432.81	0.53
551	GOLDEN FRIED PRAWNS	 CRUSTACEANS SOYA GLUTEN	100 G	193.37	11.78	5.91	0.99	-	21.41	-	-	0.71	66.59	638.20	1.20










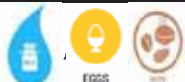

552	MUTTON SEEKH MASALA		100 G	268.88	18.55	20.02	0.05	-	3.41	0.32	-	1.85	150.03	644.11	2.98
553	MUTTON DUM BIRYANI		100 G	216.92	8.93	9.99	0.97	0.01	22.75	1.52	0.01	1.32	68.93	397.51	1.18
554	PRAWNS DUM BIRYANI		100 G	185.79	6.22	6.97	1.19	0.02	23.80	2.38	0.01	0.67	43.87	466.13	0.62
555	FISH BIRYANI		100 G	207.78	7.36	9.62	1.11	0.02	22.92	2.06	0.01	0.84	71.33	433.42	0.55
556	EGG MASALA DUM BIRYANI		100 G	221.03	6.24	11.59	1.11	0.02	22.90	2.07	0.01	0.81	44.70	432.81	1.01
557	CHICKEN SEEKH DUM BIRYANI OVERLOADED		100 G	219.81	11.03	11.27	4.60	0.02	18.17	1.65	0.01	0.53	21.56	286.97	0.42
558	CHICKEN DUM BIRYANI OVERLOADED		100 G	198.06	11.96	9.53	1.16	0.01	16.08	1.62	0.01	1.10	26.57	423.14	0.68
559	CHICKEN DUM BIRYANI BONELESS OVERLOADED		100 G	200.97	9.69	11.28	1.27	0.01	15.26	1.55	0.01	1.03	27.07	421.44	0.75
560	MUTTON DUM BIRYANI OVERLOADED		100 G	208.06	10.62	11.18	0.89	0.01	16.16	1.40	0.01	1.03	86.15	371.56	1.42
561	MUTTON SEEKH DUM BIRYANI OVERLOADED		100 G	235.91	7.34	13.59	3.40	0.02	21.38	1.78	0.01	0.72	26.88	361.28	0.47
562	PRAWNS DUM BIRYANI OVERLOADED		100 G	163.62	7.66	5.82	0.98	0.02	18.97	2.06	0.01	0.46	48.27	382.17	0.67
563	BBQ CHICKEN WINGS		100 G	217.58	16.47	15.75	1.68	-	2.77	0.47	0.12	0.18	68.17	179.94	1.49
564	EGG BOILED		45 G	66.00	6.04	5.00	1.56	-	-	-	-	-	24.80	54.45	0.84
565	PUNJABI TANGDI		100 G	379.70	18.19	14.76	1.61	-	2.77	0.35	-	0.18	61.70	59.15	1.39



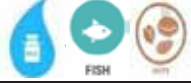




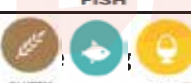



566	AMERICAN FRIED CHICKEN	 GLUTEN	100 G	339.62	16.93	23.19	3.44	0.00	16.42	0.65	-	-	13.21	124.71	1.09
567	ANGARA CHICKEN TIKKA	 EHI  GLUTEN	100 G	223.48	17.12	16.11	1.54	-	2.77	0.47	0.12	0.18	59.87	172.98	1.26
568	HARIYALI FISH TIKKA	 FISH  EHI  GLUTEN	100 G	175.75	17.28	10.75	1.40	-	2.72	0.32	0.07	0.15	197.54	696.96	0.39
569	MIRCH MASALA TANGDI	 EHI	100 G	379.70	18.19	14.76	1.61	-	2.77	0.47	0.12	0.18	61.70	173.39	1.39
570	CHILLI CHICKEN	 SOYA	100 G	186.19	8.52	14.50	1.84	-	5.73	1.12	0.03	0.43	13.95	397.28	0.90
571	BUTTER CHICKEN	 EHI  SOYA	100 G	265.06	9.80	21.08	5.62	0.00	7.61	3.73	0.09	0.92	80.05	658.57	0.34
572	MASALA MUTTON SEEKH	 SOYA  GLUTEN	100 G	268.88	18.55	20.02	0.05	-	3.41	0.32	-	1.85	150.03	644.11	2.98
573	MURGH PUDINA SHORBA	N/A	100 G	66.72	3.75	4.73	0.58	-	2.30	0.24	0.07	1.14	43.29	84.26	1.66
574	FISH IN LEMON BUTTER SAUCE	 FISH  EHI	100 G	280.00	10.31	22.00	8.35	0.01	10.87	1.41	0.10	-	101.27	612.50	0.09
575	TANDOORI CHICKEN TIKKA GRUB & SUB	 EHI  GLUTEN	1 SUB (400 G)	888.75	30.89	51.61	18.69	0.02	75.99	12.22	3.33	2.88	113.32	941.22	4.24
576	HOT N SPICY CHICKEN SEEKH GRUB & SUB	 EHI  GLUTEN	1 SUB (385 G)	891.94	30.25	49.78	25.62	0.02	80.54	12.22	3.33	2.88	72.60	871.83	3.10
577	SUCCULENT GRILLED MUTTON SEEKH GRUB & SUB	 EHI  SOYA  GLUTEN	1 SUB (380 G)	885.88	24.88	52.55	24.04	0.01	79.92	12.07	3.32	2.68	65.35	867.26	2.95
578	RABBIT MASALA	N/A	100 G	165.47	12.59	10.59	2.26	-	5.04	0.23	-	2.63	50.54	415.93	2.27
579	DUCK MASALA	N/A	100 G	162.95	12.08	10.55	1.31	-	5.09	0.23	-	2.63	39.80	392.01	1.06



580	CHICKEN KEEMA DOSA	N/A	1 DOSA (140 G)	304.00	10.20	17.00	2.93	-	27.81	0.65	0.11	1.27	23.21	1032.65	1.24
581	MUTTON KEEMA DOSA		1 DOSA (140 G)	310.00	8.99	18.00	4.31	-	29.21	0.65	0.11	1.27	18.92	1017.58	0.98
582	EGG DOSA		1 DOSA (120 G)	239.00	10.53	14.00	1.49	-	19.13	-	-	-	29.45	489.72	1.03
583	BUTTER CHICKEN DOSA	N/A	1 DOSA (140 G)	291.00	10.20	16.00	7.32	-	27.81	0.65	0.11	1.27	23.21	1032.65	1.24
584	PATIALA EGG CURRY		100 G	278.00	8.27	20.00	7.51	-	7.49	3.52	-	0.90	99.79	259.43	0.68
585	QUAIL MASALA		100 G	250.00	8.51	19.00	6.58	-	9.64	3.83	-	1.34	89.85	387.78	0.62
586	CHEESE CHILLI GARLIC PRAWNS		100 G	147.81	12.82	8.07	1.99	0.00	3.21	1.28	-	-	64.21	589.54	0.82
587	CHICKEN FRIED NOODLES		100 G	202.61	8.80	9.00	1.12	-	20.81	1.42	0.00	0.82	20.53	627.73	0.98
588	MUTTON KEEMA KULCHA		175 G	445	15.39	23	7.99	-	45.12	3.01	2.18	1.48	50.61	1097.61	1.45
589	CHICKEN KEEMA PAO		160 G	392	18.82	16	3.8	-	44.23	3.18	0.07	2.33	16.34	988.33	0.63
590	CHICKEN BAIDA PARANTHA		100 G	237.22	10.97	5.88	0.62	-	34.45	0.83	-	1.66	24.97	362.58	1.59
591	BBQ CHICKEN TIKKA KULCHA		250 G	594.05	19.90	35.66	10.45	0.02	48.81	5.32	2.37	1.55	172.96	511.10	2.54
592	BBQ KEEMA KULCHA		250 G	611.43	21.16	36.93	10.32	0.02	49.06	5.63	2.37	1.37	145.54	725.93	2.49
593	KADHAI MURGH		100 G	239.24	8.93	18.39	5.28	0.00	8.31	3.45	0.06	1.66	87.29	562.80	0.52

594	CHICKEN MANCHOW SOUP	N/A	100 G	38.70	1.22	1.42	0.19	0.02	5.28	1.71	0.63	0.05	1.21	757.78	0.08
595	LAL MIRCH KA DRUMSTICK	 	100 G	379.44	18.14	14.72	1.77	-	2.83	0.53	0.12	0.26	61.38	173.57	1.40
596	SARSON WALA MACHHI	 	100 G	164.64	16.16	10.19	0.43	-	2.16	0.65	0.12	0.18	175.03	293.43	0.18
597	TEEKHA JHINGA	 	100 G	133.56	12.21	6.86	1.14	0.02	3.16	2.08	0.61	-	60.83	471.75	0.78
598	SOFIYANI CHICKEN TIKKA	  	100 G	223.62	15.70	16.12	2.77	0.01	4.21	1.65	0.10	0.14	55.03	332.54	1.16
599	MURGH KASOORI		100 G	173.78	6.60	13.43	1.83	0.03	6.74	2.72	1.03	0.64	18.89	362.74	0.57
600	SEA FOOD THAI CURRY	 	100 G	87.22	7.29	4.70	1.44	-	5.14	1.45	0.38	2.14	53.54	283.96	0.66
601	VALENCIAN MARINADE		100 G	144.88	17.94	5.96	0.01	-	4.86	2.49	0.77	0.45	301.26	156.09	0.14
602	CLASSICAL APRICOT AND CHEESE STEAK	  	100 G	64.03	5.17	2.52	0.20	0.01	4.74	1.11	-	1.77	59.58	532.75	0.39
603	SEAFOOD LEMON CORIANDER SOUP	 	100 G	173.25	5.57	3.25	0.27	0.03	27.88	1.47	-	-	81.00	563.64	0.43
604	TUNA FISH WITH HOT GARLIC SAUCE		100 G	132.90	20.17	4.62	1.03	-	2.45	0.68	0.05	0.08	8.61	1143.46	1.39
605	RED SNAPPER WITH SCHEZWAN SAUCE		100 G	124.62	18.80	4.33	0.88	0.02	2.43	1.45	0.51	0.08	7.18	765.56	0.34
606	PRAWNS BUTTER WITH GARLIC SAUCE		100 G	133.68	11.63	7.31	5.73	-	2.82	0.49	-	1.31	83.93	451.15	1.16
607	SQUID BUTTER WITH GARLIC SAUCE		100 G	144.39	15.10	7.60	5.82	-	2.82	0.49	-	1.31	58.71	512.18	0.77

608	BASA FISH WITH SCHEZWAN SAUCE	 FISH	100 G	130.66	15.13	6.77	0.49	0.02	2.43	1.45	0.51	0.08	140.47	717.64	0.05
609	ROHU FISH WITH HOT GARLIC SAUCE	 FISH	100 G	120.40	13.86	4.59	0.50	-	5.88	0.69	0.05	0.08	520.47	1182.14	0.85
610	OCTOPUS WITH SCHEZWAN SAUCE	 FISH	100 G	105.15	12.32	4.15	0.75	0.02	2.51	1.45	0.51	0.08	18.43	901.45	0.98
611	VIETNAMESE GRILLED PRAWNS	  GLUTEN SOYA	100 G	106.67	11.47	3.60	0.30	-	4.59	2.27	1.29	1.91	68.14	302.08	1.37
612	KOTHMIRI CHICKEN	  GLUTEN SOYA	100 G	248.59	19.62	17.63	2.01	-	3.09	0.25	0.01	0.84	66.85	373.65	1.47
613	GHEE ROAST PRAWNS	   GLUTEN SOYA CRUSTACEANS	100 G	169.50	20.97	6.65	1.46	-	6.35	1.20	0.01	1.09	369.99	325.19	5.67
614	CHETTINAD EGG CURRY	 EGGS	100 G	191.96	6.34	15.01	7.29	-	7.65	0.31	-	6.19	119.43	506.15	2.21
615	DILLI KA DHABA MURGH TIKKA	  GLUTEN SOYA	100 G	248.3	19.0	17.9	1.7	-	3.08	0.39	0.13	0.20	66.53	192.20	1.40
616	SURKH FISH TIKKA	 FISH	100 G	150.3	19.0	7.2	0.5	-	2.54	0.38	0.14	0.21	205.92	332.68	0.12
617	TANDOORI MURGH AKBARI	  GLUTEN SOYA	100 G	421.9	20.2	16.4	1.8	-	3.08	0.39	0.13	0.20	68.56	192.66	1.55
618	NIMODA TANDOORI JHINGA	   GLUTEN SOYA CRUSTACEANS	100 G	142.5	19.9	5.4	0.7	-	3.59	0.27	0.08	0.20	354.23	142.76	5.35
619	DARYAGANJ KA CHICKEN MASALA SEEKH	  GLUTEN SOYA	100 G	227.4	13.8	15.5	7.0	-	6.82	2.20	0.03	0.70	1.23	498.30	0.01
620	FATEHPURI CHICKEN WINGS	N/A	100 G	395.9	18.1	29.4	3.8	-	15.59	0.24	0.10	2.39	33.95	646.52	2.08
621	GOSHT JAHANGIRI SHORBA	N/A	100 G	50.6	4.2	1.7	0.2	-	4.65	0.20	0.08	0.13	4.64	1142.56	0.08

622	SARAI KI MUGLAI DUM BIRYANI		100 G	199.9	9.3	8.6	1.1	0.0	21.31	1.68	0.01	0.53	25.51	441.51	0.60
623	BALLIMARAN KA EGG MASALA		100 G	165.5	6.0	12.6	1.7	-	6.14	2.96	0.09	1.67	27.87	372.11	0.78
624	GALI KABABIYAAN KI NIHARI	N/A	100 G	105.3	11.5	3.7	0.3	-	2.54	0.09	0.04	0.59	9.43	40.65	0.20
625	MURGH SURKH KADHA		100 G	265.1	9.8	21.1	5.6	0.0	7.61	3.65	0.09	0.92	80.05	658.57	0.34
626	ZAIKEDAR FISH CURRY		100 G	241.2	9.9	18.2	5.2	0.0	8.42	3.41	0.08	1.44	132.60	338.22	0.17
627	KUTTI MIRCH KA JHINGA		100 G	99.6	11.8	3.5	0.6	-	2.86	0.10	-	1.13	105.89	332.63	1.09
628	COASTAL BBQ FISH		100 G	192.0	15.8	13.5	2.7	-	6.15	1.55	-	2.29	177.91	195.33	0.79
629	CHICKEN SHIKAMPURI		100 G	361.3	22.5	24.5	1.7	-	12.94	0.19	-	4.47	100.47	528.94	3.43
630	TABAK MAAZ	N/A	100 G	394.3	27.5	30.0	0.0	-	3.24	0.10	-	1.69	42.97	564.43	0.74
631	CHICKEN KOTHU PARATHA		100 G	364.9	12.2	12.3	1.5	-	51.80	0.00	-	0.80	53.79	953.13	3.92
632	KONKANI FISH CURRY		100 G	258.7	14.8	18.5	4.1	-	8.27	0.65	0.07	4.65	200.71	75.87	2.26
633	CHICKEN CHETTINAD	N/A	100 G	333.3	15.4	26.7	3.9	-	8.05	0.11	-	2.77	144.79	50.24	2.91
634	BAIDA CURRY MASALA		100 G	189.9	7.1	14.4	3.2	0.1	8.06	0.80	0.48	3.35	118.19	679.47	1.57
635	BHUNA GOSHT		100 G	219.2	11.3	14.4	1.8	-	6.13	2.14	0.04	1.64	80.58	451.23	1.33

636	BHATTI DA MURGH WITH GRAVY		100 G	221.2	8.1	18.0	5.1	0.0	6.90	1.94	0.54	-	77.09	678.28	0.33
637	MANGALOREAN FISH CURRY		100 G	142.6	7.9	8.7	1.7	-	5.91	1.96	0.04	1.37	80.36	322.10	0.40
638	MAHI FISH TIKKA		100 G	170.2	18.7	8.6	0.8	-	4.51	0.24	0.05	0.82	223.48	349.91	0.47
639	EGG PAKODA		50 G	161.8	5.7	13.2	1.5	-	5.31	0.08	-	0.15	26.27	113.90	0.74
640	HONEY CHILLI WINGS	N/A	100 G	318.3	10.0	26.2	3.8	0.0	11.71	1.58	0.72	0.90	20.75	469.44	1.19
641	CHICKEN ROLL		100 G	223.5	6.6	13.5	7.2	0.0	18.97	0.54	0.02	1.18	37.97	224.65	1.60
642	FRY CHICKEN KEBAB	N/A	100 G	267.78	19.43	16.94	2.17	-	9.75	0.22	0.04	3.63	44.20	503.96	1.72
643	CHICKEN SATAY		100 G	264.61	22.42	17.66	1.70	-	4.36	0.19	-	1.96	46.22	464.37	1.98
644	GRILLED FISH		100 G	181.69	15.89	12.34	1.45	-	2.11	0.19	-	1.21	159.95	0.37	0.42
645	FISH CHOP		100 G	278.63	10.75	21.14	3.11	-	12.14	-	-	0.85	111.36	708.98	0.80
646	CHICKEN CUTLET		100 G	318.36	16.27	24.94	3.63	-	7.91	0.01	-	0.63	46.37	730.38	0.91
647	PAHADI CHICKEN TIKKA		100 G	125.68	8.62	8.60	1.32	-	3.56	0.26	0.03	1.40	60.23	766.50	1.10
648	SHIKARI GOSHT	N/A	100 G	126.99	11.93	6.97	0.67	-	4.26	0.59	0.04	0.43	10.84	717.58	0.09
649	KADHAI EGG		100 G	205.05	9.95	15.71	3.11	0.00	5.29	2.39	0.08	1.06	82.14	249.89	1.36


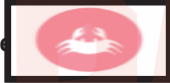





650	EGG FRIED RICE	 	100 G	208.55	4.58	10.85	1.51	-	22.86	0.98	0.07	1.60	18.72	289.92	0.99
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***Allergy Advice:** These dishes are prepared in a facility that also handles allergy based material and may contain allergens such as Cereal containing gluten, Crustacean and products of these, Egg and egg products, Fish and Fish products, Sulphite in concentrations 10mg/Kg
~~or more Tree nuts and nut products, Milk and milk products and Peanuts, soybean and its products. (For specific requirements please ask the waiter)~~

****An average active adult requires 2,000 Kcal energy per day. However, calorie needs may vary.**

Disclaimer:-The data provided here is approximate and indicative. The data is being provided with the intent to help customers make informed choices at Barbeque Nation restaurants. The nutrition analysis is done by 'Diet Soft' Software which is based on NIN and IFCT database and information provided by Barbeque-Nation Hospitality Limited ('the Company') suppliers. It is based on standard product formulations per serving and test checked at a NABL accredited ISO/ICE 17025:2017 certified laboratory. Variations in portion size, use of condiments, seasoning etc. as well as changes in farming conditions, preparation process, modification or substitutions in formulations by different manufacturers, sources of supply including seasonal changes/geographical/ weather conditions may impact nutritional values of the menu food items and the Company

This information is effective from March 1, 2023 and is subject to change from time to time without prior notice.

S No	Allergen Types	Symbols
1	Cereal containing gluten,	
2	Crustaceans and products of the	
3	Egg and egg products	
4	Fish and Fish products	
5	Tree nuts and nut products	
6	Milk and milk products	
7	Soyabean and its products	
8	Sulphite in concentrations 10mg	